



PRAY THE WORD

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Introduction - Praying God's Word

Years ago, I was taught how to pray the Word of God—and it has revolutionized my prayer life. It is the ultimate prayer manual written by God Himself. Scripture is the language of God's heart! The Bible always makes His will clear to us through the written Word. Anything the Holy Spirit makes known to us will always agree with God's revealed Word.

As 2 Timothy 3:16-17 writes,

God has always been looking for those to whom he can speak, those who will hear and live.

The Word of God isn't casual, and it isn't an option; our very lives depend on it! As Jesus declared in the wilderness, "Man does not live by bread alone but by every word that proceeds out of his mouth" (Matthew 4:4).

One of the ways that we learn to listen and talk to God is through Praying His Word!

It is about the rediscovery of hearing, delighting in, trembling before, and obeying the Word of God. The Word is meant to abide in us and transform us from the inside out! God's Word feeds us (Matt. 4:4), washes us (Eph. 5:26-27), sanctifies us (John 17:17), disciplines us (Heb. 4:12-13), imparts faith to us (Rom. 10:17), and equips us (2 Tim. 3:16-17).

May we get into the Word until the Word gets into us, both the written Word and the Living Word, the Lord Jesus!

All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work.

At its core, prayer is the conversational part of the most essential love relationship in our lives! Prayer is intimacy with God, knowing God, and being known by God that leads to the fulfillment of his purposes. His power accomplishes it, which is all for His Glory and our Joy!

One of the practical ways that God invites us to 'keep company with him' is through praying Scripture. Hebrews 4:12 states that the Word of God is alive and powerful, or living and active! Along with reading God's Word and studying God's Word, we want to meditate on God's Word – as Psalm 1 says,

“

“But his delight is in the law of the Lord, and on his law he meditates day and night. He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers” (Psalm 1:2-3).

”

“

Meditation is simply talking to God about his Word with the desire that your life and those you pray for come into agreement with it William Thrasher.

”

Meditation on God’s Word and His Ways, or simply put, Praying God’s Word, is how the Spirit of God writes the Word of God on the hearts of the people of God. Something about meditation allows God’s truth to trickle from our heads to our hearts and through our hearts to our lives!

This booklet is simply a tool to help you spend time with God in his Word! I encourage you to pray the Scriptures out loud, turning truth into personal dialogue with the Lord. My hope is that you will experience more and more of his life, his love, and his power!

For the Supremacy of Christ in all things,

Dr. Jason Hubbard

+ Meditating on Scripture

A. Pray the Bible - Out loud - to God - Every day!

“

Joshua 1:8 (NIV): “Do not let this Book of the Law depart from your mouth; meditate in it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.”

”

“

Psalm 1:2-3 (NIV), “But his delight is in the law of the Lord, and on his law he meditates day and night. He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers.”

”

B. Re-writing our spiritual code by declaring the Scriptures.

Each time we say what God says, it marks and changes us. John 6:63, “The words that I speak to you are Spirit and they are life.”

1. Set a Schedule for regular prayer times.
2. Make a prayer list.
3. Have a right view of God.

A schedule establishes “When” we will pray. A prayer list gives us focus on “what” to pray. A right view of God causes us to “want” to pray.

C. Take a passage of Scripture and turn it into dialogue with Jesus, talking and listening.

1. Take time to linger in his presence. Maybe start with some worship music in the background. Speak affectionately-intermittently, saying, “I love you.” Speak slowly, softly, and briefly (short phrases, not paragraphs).
2. Listen to God.
 - Read the Word aloud several times.
 - Meditate on the Scripture as it connects to your life. How is God speaking into your circumstances?
 - Pray to respond to the Lord’s words by asking for forgiveness or guidance. Rest in His love. What is God leading you to?
 - Contemplate in stillness. Rest in God’s presence. Stay open and listen to God speak through his Word. How is He revealing himself to you?

D. Pray-Read Scripture


1. When you come to truths exhorting you to believe:
 - Thank Jesus for the reality represented in the passage.
 - Ask Him to reveal in a greater way the passage.
2. When you come to truths exhorting you to obey:
 - Commit yourself to obey what the specific passage describes.


ASK FOR GRACE TO OBEY.


E. Lectio Divina – Hearing God’s Word in Jesus.


Lectio Divina (sacred reading) is an approach to Scripture that emphasizes reading it prayerfully, slowly, and with imagination. It’s about the heart more than the head.

The four steps of Lectio Divina are:

 **Reading:** Read a set of Scripture verses aloud. Read it through several times. Listen for the Word or phrase that speaks to you as you read. What is the Spirit drawing your attention to?

 **Meditate:** Read aloud the Word or phrase to which you are drawn. Make connections between it and your life. What is God saying to you using this Word or phrase?

 **Praying:** Now take these thoughts and offer them back to God in prayer, giving thanks, asking for guidance, asking for forgiveness, and resting in God’s love. What is God leading you in prayer?

 **Contemplating:** Move from the activity of prayer to the stillness of contemplation. Rest in God’s presence. Stay open to God. Listen to God. How is God revealing himself to you?

Note: The four steps are a helpful guide but not a fixed map you must follow.



Here is a link to a helpful 5-week course on Lectio Divina by Pete Greig, 24-7 Prayer Movement



ARK Prayer Tool

Agreement:

Make declarations of agreement to Jesus about who He is (titles, names), what He's like (attributes), and what He feels, says, or does (emotions, words, actions).

“

You are...the faithful witness, the Firstborn from the dead, Ruler over the Kings of the earth, etc.

”

“

You have...eyes like a flame of fire, a sharp two-edged sword, etc.

”

“

You do...hold the seven stars in Your right hand, dwell in the midst of the churches, etc.

”

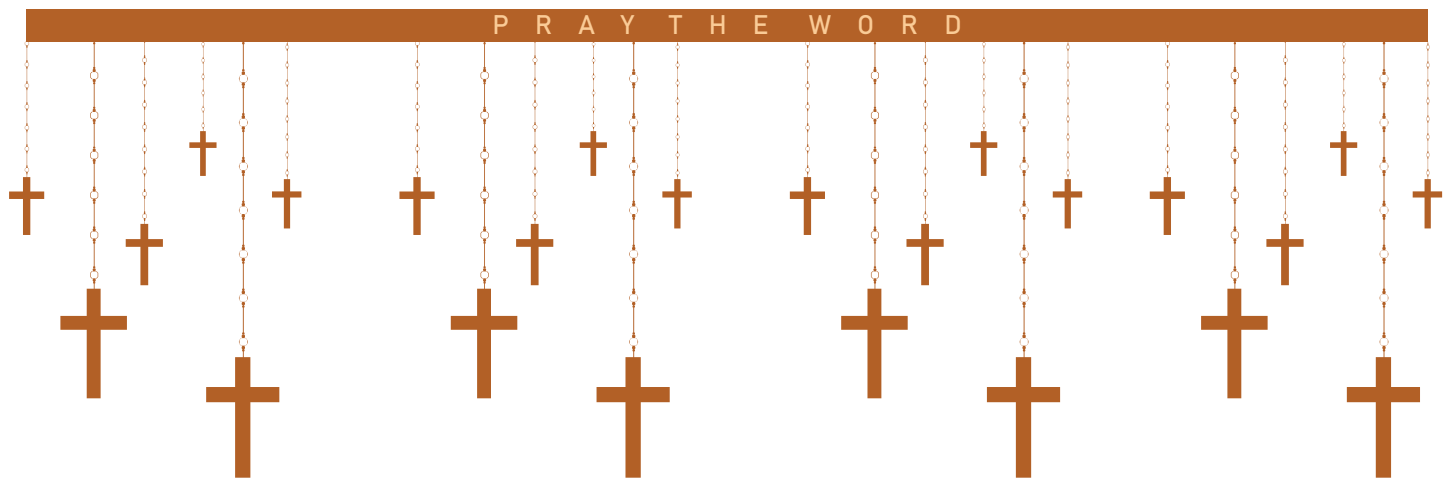
Revelation:

Ask the Holy Spirit for increased revelation of these specific aspects of Jesus' majesty. John 16:13

“When He, the Spirit of Truth, has come, He will guide you into all truth... He will glorify Me, for he will take of what is Mine (thoughts, emotions, etc.) and declare (reveal) it to you.”

Keep the Word:

Make simple declarations to resolve to guard the truths, asking God to empower us to faithfully express these aspects of Jesus' character in our lives and ministries, resisting temptation, enduring suffering or persecution, or simply overcoming the mundane seasons of routine life.



10 PRAYERS to receive strength in the inner man: F-E-L-L-O-W-S-H-I-P

- F - Fear of God:** Release the Spirit of the fear of God into my heart (Ps. 86:11)
- E - Endurance:** Strengthen my Spirit with endurance to do Your will (Col. 1:11)
- L - Love:** Father, pour out Your love into my heart
(Phil. 1:9; Eph. 3:16-19)
- L - Light of glory:** Let me see the light of Your glory
(Acts 22:6-11; Ex. 33:18; Ps. 4:6)
- O - One thing life focus:** Help me be a person of one thing who sits at Your feet
(Ps. 27:4, Lk. 10:42)
- W - Walk worthy:** Strengthen me to have a worthy response to Your grace
(2 Thes. 1:11; Lk. 21:36)
- S - Speech:** Set a guard over my lips. Free me from sinful speech
(Eph. 4:29; Ps. 141:3)
- H - Humility:** Jesus, I want to learn from You how to walk in lowliness (Mt. 11:29)
- I - Insight unto intimacy:** Give me insight into Your Word, will, and ways (Col. 1:9)
- P - Peace and Joy:** Strengthen my heart with peace and joy that overpowers fear
(Phil. 4:7; Rom. 15:13)

5 PRAYERS to help in fellowshiping with the Holy Spirit: T-R-U-S-T

T - Thank You for recognizing the Spirit's indwelling presence in you simply by thanking Him for it. Pray, "Thank you, Holy Spirit, for Your bright presence in me. I love Your presence. Apart from connecting with You, I can do nothing that effectively (supernaturally) renews my love, sustains my zeal for righteousness, and releases revelation and power in my heart.

He who abides in Me, and I in him, bears much fruit; for without Me, you can do nothing. (Jn. 15:5)

R - Release Revelation - ask (thank) the Spirit to release the abundant revelation of God's heart, Word, and purposes to you. Pray, Holy Spirit, release abundant revelation in me". "May give to you the Spirit of wisdom and revelation in the knowledge of Him. (Eph 1:17)

U - Use Me - ask the Spirit to use you more and more in the spiritual gifts to minister to others. Thank you, Spirit, we pray for releasing the manifestation of Your gifts and power through me to help others". (1 Cor 12:7)

S - Strengthen Me - ask the Spirit to strengthen your mind, emotions, and speech with His might. His power is already in us (Gal.5 22-23); therefore, pray, "Thank you for the presence of your love, peace, patience, and self-control in me" or "Thank You for warring against my flesh and guarding my speech" To be strengthened with might through His Spirit in the inner man. (Eph. 3:16)

T - Teach Me - ask the Spirit to teach you about God's will and ways that He may manifest his leadership in every issue in your life, including finances, schedule, circumstances, emotions, physical body (diet/health), relationships, alignment of the people you are responsible for (in the home, office, ministry), future, greatness in God, opportunities with divine appointments, fears, addictions and shortcomings. Ask that He establish God's order in your home, job, and ministry. We pray, "Spirit, I love Your will and ways; therefore, manifest Your leadership in me."

He will give us new ideas, order our steps, and open doors of opportunity for strategic alliances in each area of our life as we ask Him. The Holy Spirit will teach you all things. (John 14:6) (see also Jn. 16:13; 1 Jn 2:27).



Promises of Answered Prayer:

Now, this is the confidence we have in Him, that if we ask anything according to His will, he hears us. And if we know that He hears us, whatever we ask, we know that we have the petitions that we have asked of Him.

– John 5:14

The effective, fervent prayer of a righteous man avails much.

– James 5:16

If any of you lacks wisdom, let him ask God, who gives generously to all.

– James 1:5

Call to me, and I will answer you and will tell you great and hidden things that you have not known.

– Jeremiah 33:3

If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him.

– Luke 11:13

Therefore, I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours.

– Mark 11:24



Gospel Promises:

“

The Gospel is the news that Jesus Christ, the Righteous King, died for our sins and rose again, eternally triumphant over all his enemies, so that there is now no condemnation for those who believe, but only everlasting joy. —John Piper

”

The Gospel is the good news that God’s kingdom power has entered human history through the life, death, and resurrection of Jesus Christ. When we repent and rely on his righteousness instead of our own, his kingdom power transforms us, and we become participants in the restoration of God’s world. The three aspects of the Gospel are the kingdom, the cross, and God’s grace.



The Gospel of the kingdom is life with God under God’s rule.



The Gospel of the Cross is the life, death, and resurrection of Jesus by which God accomplishes our salvation, rescues us from his wrath, incorporates us into his people, and inaugurates his reign in the world.



The Gospel of grace is the wonderful news that God accepts us, shares his life with us, and adopts us as heirs of his kingdom, not because we have earned it or deserve it, but because God chooses to give all this freely at Christ’s expense.

- Daniel Montgomery

A. God's Mercy

Mercy is not getting what we deserve. He took the wrath that we deserved; he took the punishment of our sin in our place.

“But God being rich in mercy, because of the great love with which he loved us,” Eph. 2:4

B. God's Grace

Grace is getting what we don't deserve: Acceptance, Belonging, Forgiveness of Sin, Eternal Life, All-satisfying Joy, Adoption, the Gift of the Spirit, etc. His grace is freely given, and it was given at Christ's expense on the cross!

“And God is able to make all grace about to you, so that having all sufficiency in all things at all times, you may abound in every good work”
2 Cor. 9:8

“For you know the grace of our Lord Jesus Christ, that though he was rich, yet for your sakes, he became poor, so you by his poverty might become rich”
2 Cor. 8:9

“The Gospel is not what God requires. The Gospel is what God provides! The Gospel is not an imperative, demanding thing you must do. The Gospel is an indicative, declaring things that God has done. The Gospel is not about human action. The Gospel is about divine achievement. The Gospel is not a moralistic Do! The Gospel is a merciful Done! The Gospel must inform, control, and energize all we do” - **Sam Storms.**

“We are more sinful and flawed in ourselves than we ever dared to believe, yet at the same time, we are more loved and accepted in Jesus Christ than we ever hoped. We were so bad that Christ had to die for us, but we were so loved that He was glad to die for us” - **Tim Keller.**

Statements of Truth

1. I recognize there is only one true and living God who exists as the Father, Son, and Holy Spirit. He is worthy of all honor, praise, and glory as the One who made all things and holds all things together (Exodus 20:2-3, Col. 1:16-17).

2. I recognize that Jesus Christ is the Messiah, the Word who became flesh and dwelt among us. I believe He came to destroy the works of the devil and disarmed the rulers and authorities and publicly displayed them, having triumphed over them (John 1:1, 14, Colossians 2:15, 1 John 3:8).

3. I believe that God demonstrated his own love for me in that while I was still a sinner, Christ died for me. I believe that he has delivered me from the domain of darkness and transferred me to his kingdom, and in him I have redemption that forgiveness of sins (Romans 5:8, Colossians 1:13-14).

4. I believe I am now a child of God and seated with Christ in heavenly realms. I believe that the grace of God saved me through faith and that it was a gift and not a result of any works on my part (Ephesians 2:6,8,9, 1 John 3:1-3).

5. I choose to be strong in the Lord and the strength of his might. I put no confidence in the flesh, for the weapons of warfare are not of the flesh but are divinely powerful for destroying strongholds. I put on the full armor of God. I resolve to stand firm in the faith and resist the evil one (2 Corinthians 10:4, Ephesians 6:10-20, Philippians 3:3).

6. I believe that apart from Christ, I can do nothing, so I declare my complete dependence on him. I choose to abide in Christ to bear much fruit and glorify my Father. I announce to satan that Jesus is my Lord. I reject any and all counterfeit gifts or works of satan in my life (John 15:5, 8, 1 Cor. 12:3).

7. I believe that the truth will set me free and that Jesus is the truth. If he sets me free, I will be free indeed. I recognize that walking in the light is the only path to true fellowship with God and man. Therefore, I stand against all of Satan's deception by taking every thought captive in obedience to Christ. I declare that the Bible is the only authoritative standard for truth and life. (John 8:32, 36, 14:6, 2 Corinthians 10:5, 2 Timothy 3:15-17, 1 John 1:3-7).

8. I choose to present my body to God as a living and holy sacrifice and the members of my body as instruments of righteousness. I choose to renew my mind by the living Word of God so that I may prove that the will of God is good, acceptable, and perfect. I put off the old self with its evil practices and put on the new self. I declare myself a new creation in Christ. (Romans 6:13, 12:1-2, 2 Corinthians 5:17, Colossians 3:9-10)

9. By faith, I choose to be filled with the Spirit to be guided into all truth. I choose to walk by the Spirit, so that I will not carry out the desires of the flesh (John 16:13, Galatians 5:16, Ephesians 5:8)

10. I renounce all selfish goals and choose the ultimate goal of love. I choose to receive Christ's love for me and others just as Christ has loved me. (John 13:34, 1 Timothy 1:5)

11. I believe that the Lord Jesus has all authority in heaven and on earth, and He is the head of all rulers and authority. I am complete in Him. I believe that Satan and his demons are subject to me in Christ since I am a member of Christ's body. Therefore, I obey the command to submit to God and resist the devil, and I command Satan in the name of Jesus Christ to leave my presence. (Matthew 28:18, Ephesians 1:19-23, Colossians 2:10, James 4:7)

Lord's Prayer

A. Our Father in Heaven

Come to Papa! Picture him on his throne (Rev. 4-5) in Heaven with a smile.

B. Your Name (character, reputation) be Hallowed.

Make yourself real on the earth. The verb hallowed has the sense of praise, honor, exalt, revere, glorify, and reveal. Name means who God is and what God is like (character, personality, fame, glory, renown, reputation).

Father, enhance your reputation so that your name would be treated as infinitely valuable on earth as it is in Heaven. May your name be revealed so that it will be Revered.

C. Your Kingdom Come

Father ACT as KING. Rule without Rival.

Kingdom is the sphere of his reign and rule. The King's domain. His Dominion, His Government. His scepter of righteous rule and justice.

Submit to him and ask for his Lordship in each area of your life.

D. Your Will Be Done

Fulfill all your good pleasures. Make his will your will. It is God's will that we be filled with the Spirit (Eph. 5:18), sanctified (I Thess 4:3), and that we pray continuously, give thanks in all things, and rejoice always (I Thess 5:16-18)

E. Give us this Day our Daily Bread.

Be our provider. Thank God for the provision and ask him to increase physically, spiritually, emotionally, financially, and relationally.

Meditate on the cross, the place of ultimate provision

F. Forgive us our sins (debts)

Cancel all our debts, and give us a clean slate. Reveal any sin or wrongful attitude.

G. As we forgive those who have sinned (indebted) against us

H. Ask God to reveal those who have hurt or wounded you and forgive them as Jesus forgave you. Give them a clean slate, as if they don't owe you anything. Pray for your enemies.

I. Lead us not into temptation.

J. Rescue Us! Confess the need for God and his protection from temptation.

K. Deliver us from the evil one.

Put on the Armor of God

“Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God that you may be able to stand against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. Therefore, take up the whole armor of God that you may be able to withstand in the evil day, and having done all, to stand firm. Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, and, as shoes for your feet, having put on the readiness given by the Gospel of peace. In all circumstances, take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; and take the helmet of salvation, and the sword of the Spirit, which is the Word of God, praying at all times in the Spirit, with all prayer and supplication.”

1. Belt of Truth

2. Breastplate of righteousness

3. Feet shod w/gospel of peace

4. Shield of Faith (Word of His Grace releases faith)

5. Helmet of Salvation (Preach the Gospel to Yourself)

6. Sword of the Spirit (Wield the Word through prayer)

7. Pray in the Spirit on all occasions.

Lord's Prayer Guide:

When Jesus gave us instructions on how to pray, He expected we would obey it! Not in a rote manner of simply memorizing and reciting it, but using it as a pattern for our prayers. Throughout history, great leaders in the Church of Jesus Christ have found this to be true: your best prayers will come as you obey Him and rely upon His Spirit to bring brand new prayers from this ancient prayer.

A. Our Father, In Heaven

Notice, first of all, that He invites us to call Him “Our Father” (or “Papa”). He could have required that we bow low, keep our distance, and refer to Him as “Creator,” “Just Judge,” or “The Most Holy One.” He is all these things! But He invites us to speak to Him as His children, as family members. Remember this relationship as you pray. In certain ways, we are like Him, and He is like us. We are close to Him, and He is close to us.

But also notice that He is “in Heaven.” Even though we are His children and are like Him in specific ways, He is also totally unlike us! He is close to us, but He is also far above us! Apart from the work of Jesus at the cross, He would be unapproachable! We would have no access to Him.

As we pray, remember the balance that He is both like us and close to us, as well as totally unlike us and far above us! We can approach Him with confidence, but we should never be casual.





There are two parts to this prayer. You can see this by using the pronoun “Your” in the first portion and “us” in the second. Requests 1-3 make up the first part, and requests 4-7 make up the second.

B. The “Your” portion:




The first three requests Jesus directed us to are not about us, our city, or other earthly issues. They are about three big themes on God’s heart.

1. Let Your name [Your character, nature, reputation, etc.] Be holy [be revealed, revered, received... etc.]
2. Let Your kingdom [Your rule, Your government, Your reign... etc.] Come [be established, be expanded, be embraced... etc.]
3. Let Your will [Your desires, plans, purposes... etc.] Be done [be known, accomplished, accepted... etc.]




As you pray in this manner, add four key phrases.

-  “To me” can be added to the first line.
-  “In me” can be added to the second line.
-  “By me” can be added to the third line.
-  “Through me” can be added to each line.



So the lines could sound like this:

-  Let Your name be holy to me so it can be holy through me.
-  Let Your kingdom come to me so it can come through me.
-  Let Your will be done by me so that it can be done through me.




And because we can pray this “in the plural,” it can turn into...

-  Let Your name be more holy to Your Church [in my city... etc.] so it can be seen as holy through Your Church to those around us.
-  Let Your kingdom come more fully in Your Church [in my city... etc.] so it can come through Your Church to those around us.
-  Let Your will be done more entirely by Your Church [in my city... etc.] so it can be done to those around us through Your Church.



Finally, end each line with the following phrases:

-  On earth [in my home, community, city... etc.]
-  As it is in Heaven [as it is where You are, in Your home, at Your place... etc.]

The “us” portion of Requests 4-7 focuses on four significant needs of mankind. Having prayed that which is most important to God, we now turn toward what we need most.

-  Let Your name be more holy to Your Church [in my city... etc.] so it can be seen as holy through Your Church to those around us.
-  Let Your kingdom come more fully in Your Church [in my city... etc.] so it can come through Your Church to those around us.
-  Let Your will be done more completely by Your Church [in my city... etc.] so it can be done through Your Church to those around us.

Finally, end each line with the following phrases:

-  On earth [in my home, community, city... etc.]
-  As it is in Heaven [as it is where You are, in Your home, at Your place... etc.]

- Give us [we are not demanding, we are asking] this day [this phrase can be added to all 7 requests – we are in constant need] our daily bread [that which we need, physically, emotionally, and especially spiritually]. We need Your provision, and You are the best provider ever.
- Forgive us [based solely upon the work of Jesus at the cross] our debts [that which we rightfully owe You and others] as we forgive [releasing, pardoning, no longer punishing, or requiring anything from them] our debtors [all who have hurt us in any way]. We need Your pardon, and You are the best forgiver ever!
- Lead us [direct us, guide us... when we know Your direction and when we don't] not into temptation [anything that I may see as a substitute for fullness in Jesus, anything that seeks to take Jesus' place in my life]. We need Your direction, and You are the best leader ever!
- Deliver us [keep us away from, nullify every scheme, break every weapon] from the evil one [the one who hates You and us, the one who seeks to steal, kill, and destroy us]. We need Your protection, and You are the best protector ever!

C. Because we can pray this “in the plural,” it can turn into

Give Your Church in my city everything it needs today. Let them look to You and You alone for their provision. Give them physical bread. Beyond that, give them wisdom, give them grace, give them love, give them peace. Then, give them fresh bread from Your Word. Give them today's “manna.” But most of all, give them more of Your Son, the bread from Heaven! Let there be nothing between You and us.

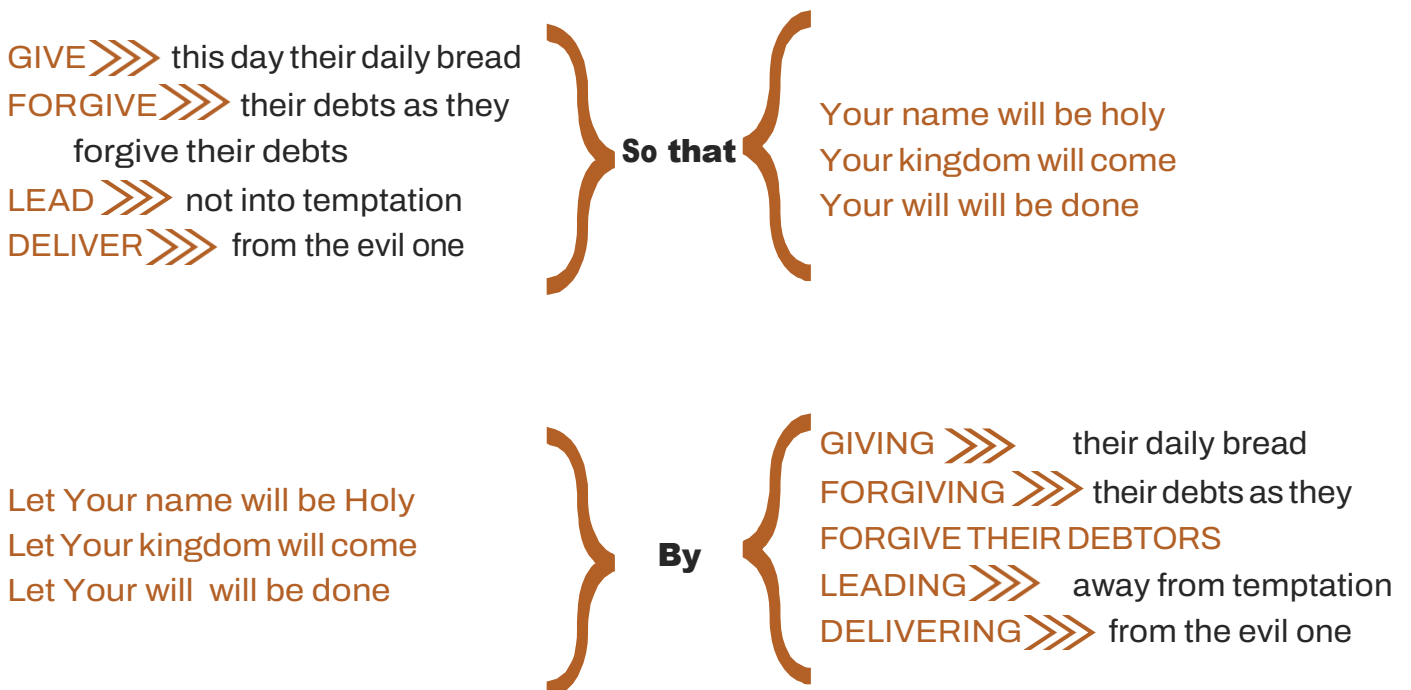
- Then, Father, lead Your Church into your path for her. Don't let us wander away, but let us have ears to hear what you are saying and a heart to respond to Your nudges and clear voice.
- Finally, free Your Church from every influence of the evil one. Let Your plans override his plans. Keep every believer in a close, tight relationship with You. Use Your Word and Your Spirit to keep us on Your path]. We need Your protection, and You are the best protector ever!

D. Praying God's Purposes from the Lord's Prayer

Even though there is a "Your" portion and an "us" portion of this prayer, the two parts are directly related. The primary reason for the "us" portion is not simply to satisfy our significant needs. It is to accomplish the three big themes on God's heart! God never intended that we would pray the "us" requests to meet our own needs. We are to pray for the requests of the second part so that the requests of the first part would be accomplished "on earth as it is in Heaven!"

This can be illustrated and prayed for by looking at the two charts below. We will start with the requests of the second part and relate them to the first part. In each space (where the word "us" would appear) fill in a person or group in your city.

And convince Your Church of the value of forgiving. Convince us to quickly and thoroughly release anyone who has sinned against us. Then, grant us the forgiveness that we need as well.



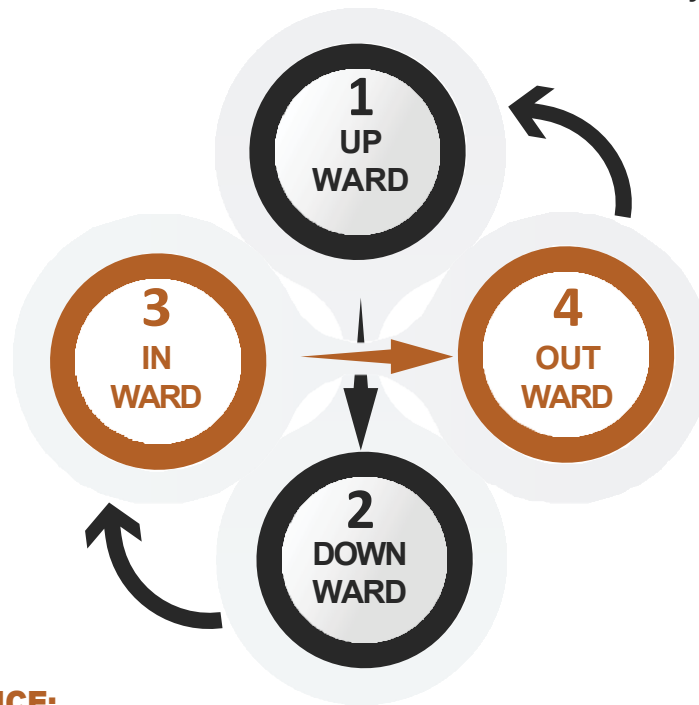
4/4 Pattern of the Lord's Prayer:

While there are several helpful models and approaches to prayer, many have found the concept of Worship-Based Prayer to be a compelling and practical approach to implementing prayer into their congregations, prayer groups, or personal prayer lives. It is certainly not the only way to pray. Still, we have found it beneficial for groups just setting out to learn to pray corporately or for congregations that have grown stagnant in their typical prayer routines.

This is mainly because:

1. It is Scriptural. It is based on the “Lord’s Prayer” or the model prayer in Matthew 6.
2. It draws people’s focus toward God instead of their needs or requests.
3. It provides a model to experience life-giving prayer that can be applied to nearly any passage of Scripture.

Worship-based prayer is built on a “4/4” Pattern like a musical conductor would use, which is taken directly from the Biblical text we often refer to as “The Lord’s Prayer.”



A. UPWARD: REVERENCE:

In the prayer pattern Jesus gave His disciples, He instructs us to begin with a focus on worship. (“Our Father in Heaven, hallowed be Your name . . .”). We call this upward focus the “Reverence” stroke.

This is the principle of “worship-based” rather than need-based prayer. It begins with God’s character as we focus our entire being on the wonders of who God is. Ultimately, prayer is my response to the character of God, which leads to praise and thanksgiving.

As I get to know the God Who is, I will naturally respond to Him. This response is called prayer.
 "...Our Father who is in heaven, Hallowed by Your name." ~Matthew 6:9

Helpful Prayer Focuses:

- Praising God for His attributes/character.
- Offering thanks for what He has done.
- Not asking for anything, just worshiping.

B. DOWNWARD: RESPONSE

Jesus taught a second element of biblical prayer when He said, "Your kingdom come, Your will be done, on Earth as it is in Heaven . . ." This speaks of our response to God's character in prayer as we consider His will, from His Word, and for the sake of His purposes on earth.

This also involves yielding to the control of the Holy Spirit as I respond to His invitations to a fruitful and obedient life. Introspection and surrender mark this time of response. It is a season of pledged obedience to the will and Word of God, desiring the accomplishment of His will in our lives.

Helpful Prayer Focuses:

- Worshipful response to who God is.
- Acknowledge and Surrender to God's Will.
- Listening, allowing God's Spirit to speak, then obeying.

C. INWARD: REQUESTS

Now that we have rightly worshiped the God of our Savior and wholly surrendered to His will for our lives, we can boldly bring our requests before Him, knowing that we are asking "in His name" and for His glory.

“Give us this day
 our daily bread. And
 forgive us our debts, as
 we also have forgiven
 our debtors.”
 ~Matthew 6:11-12

This is the next element Christ teaches in His model prayer. This involves a period of heartfelt requests with the themes of resources and relationships.

Of course, Jesus had just said our Father knows our needs before we ask (Matthew 6:8). This is not a time of informing God of our needs as much as it is a conscious trust in God as the perfect definer and provider of our needs. It involves prayer about personal requests and the concerns of others.

This focus also includes corporate concerns, such as congregational challenges or broader issues in the body of Christ. We recognize that "...God shall supply all your needs according to His riches in glory in Christ Jesus." ~Philippians 4:19

Helpful Prayer Focuses:

- Offering requests in accordance with God's will.
- Passionate petitions of personal needs.

D. OUTWARD: READINESS

"And lead us not into temptation, but deliver us from the evil one." Matthew 6:13 NIV
This outward stroke reminds us of the spiritual battle before us and, more importantly, reassures us of the spiritual resources within us, the Holy Spirit.

When we pray, "Lead us not into temptation but deliver us from evil," we recognize our inability to overcome the temptations and attacks of daily life. We entrust our welfare for the warfare to the delivering force of our Divine Enabler through the power of His presence and promises. We pledge to walk in obedience and victory as the fruit of our praying.

As you pray in this manner, add four key phrases

- Worshipful response to who God is.
- Acknowledge and Surrender to God's Will.
- Listening, allowing God's Spirit to speak, then obeying.

John 17 - Praying with Jesus:

Jesus, aware of his time frame, just hours before the cross, prays his most intense prayer to the Father. He prays for himself, his disciples, and all disciples who would believe in him through their message. This is the longest recorded prayer of Jesus. This chapter is a great gift to followers of Christ because it allows us to “listen in ” to this prayer, which Jesus prayed at a critical time in His life: the night before He was crucified.

Jesus was somewhere between the “upper room” and the garden of Gethsemane. He was earnest when He prayed. This is no haphazard prayer or shallow prayer. He prayed because He couldn’t think of anything else to pray. And Jesus allowed His disciples to hear Him pour out His heart to His Father. Years later, the Holy Spirit helped the apostle John write out what He heard.

Unless we have the perspective that we know more about how to pray than Jesus did, we will do well to learn from this prayer of Jesus and incorporate some of His prayers into our prayers. As we pattern our prayers around these requests of Jesus, we will pray better and learn from Him.

You may follow this pattern as an individual or in a group setting. If used in a group setting, it would be wise for the leader to be familiar with this chapter and this guide. Consider dividing your group time into four (generally) equal time frames, for example, four 15-minute segments.

Jesus has four specific prayer requests to the Father. Jesus made all four of these requests twice in the prayer. Let’s follow Jesus in his footsteps as we pray for these four things for our families, churches, and community. Don’t be limited by the suggestions offered in this prayer guide. Listen to the Lord, who first prayed these requests. He will expand and deepen them beyond anything you have read in this guide. Let this be a starting line, not a finish line. Also, don’t pray it just once and be done with it. You will not exhaust this pattern of Jesus. Pray it over and over. It will get deeper and deeper as you do.

A. Father, 'Glorify your Son'

(V1, 5): At the heart of all prayer is that the name of Jesus would be exalted. We pray that his name would be treated as infinitely valuable on earth as it is in Heaven. As David Bryant says, "The fame of Jesus' name ratifies His claim to fully carry out his reign, which is all to Heaven's gain, and therefore ours as well" -- David Bryant.

This is a great "all around" request! When in doubt, pray that Jesus would be glorified by whatever situation you are in or praying about. The Old Testament word translated as "glory" literally means "weighty." Weighty things leave an impression. I suggest a very accurate and appropriate understanding of "glory" is "impressive." In Psalms 19:1, when David looked up at the stars, he was impressed with their grandeur and the greatness of the One who made them.

When we are impressed with something, we are giving it glory. We bring glory to God when others are more impressed with Him because of our lives.

There are several specific ways Scripture states we can bring glory to God. Read the following verses and note what they say about glorifying God. Then pray prayers from each verse toward that end for yourself and others you love.

John 17:4 - I have brought you glory on earth by finishing the work you gave me to do.

Matthew 5:16 - In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in Heaven.

1 Peter 2:12 - Live such good lives among the pagans that, though they accuse you of doing wrong, they may see your good deeds and glorify God on the day he visits us.

John 15:8 - This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples.

Now come back to John 17:1 & 5. Read them over a few times, consider how this request relates to your concerns, and pray from them that the Son would be glorified in the situations and circumstances you care about and in the lives of your loved ones.

B. Father, “Protect them; keep them from the evil one in your name.”

(V11, 15): Jesus knew that there was an evil one, an enemy who comes to steal, kill and destroy. The evil one wants to do significant damage to people. He is thoroughly corrupt. He is stronger than us and craftier than us. But he is not all-powerful, nor is he present everywhere. This is why Jesus and other Biblical authors tell us to pray for spiritual protection. We should be very aware of him but never afraid of him.

This is not a neutral world. Satan wants to destroy the things the Father loves. However, Jesus prays on our behalf as our faithful high priest and advocate. Pray for the same for your family members and fellow believers.

There are four specific areas where people need protection from the evil one: our minds, our bodies, our spiritual lives, and our social lives. This comes from how Luke describes how Jesus grew in Luke 2:52. Jesus grew in wisdom, stature, and favor with God and man.

C. Father ‘Sanctify them:









(V17, 19): Jesus prays, “Father, I ask that you sanctify them in truth; your Word is truth.” The process of sanctification is ‘becoming like Jesus.’ It is a separation from participating in and being influenced by evil and growth in holiness in attitudes and actions. We become like Jesus as.

D. Father ‘Unite them.

(V21, 23): Jesus prays, “Father, may they be one even as you and I are one.” Why? Jesus gives two, “SO THAT’S.” First, he longs for the body of Christ to walk in unity so that the world out there might know that Father sent His Son for them. Second, the world will know that the Father loves them just as much as he loves His Son, the Lord Jesus! Jesus reveals one of the most powerful strategies to reach the lost as we come together in Christ - nations, denominations, and generations!

Each time Jesus mentions His desire for a united church (in vv. 11, 21, 22, & 23), He refers to a standard of unity. That standard is the relationship He has with His Father. That is the standard of unity He has for His Church today.

So, based upon these truths, we can pray that:

-  We would more fully understand the relationship between the Father and the Son and our unity with the Father and the Son.
-  We would not judge other believers by what God has called us to do.
-  We would understand His Church (and each member) more the way He sees it. We do need one another.
-  We would understand His Church (and each member) more the way He sees it. We do need one another.
-  We would understand His Church (and each member) more the way He sees it. We do need one another.
-  We would recognize that the grace God gives to others may be different than the grace He gives us and bless the differences.
-  We would love, respect, and share mutual honor and high regard for one another based upon the relationship between the Father and the Son.
-  That those who don't yet know Jesus would see the unity of His Church and know the authenticity of Jesus and the availability of the Father's love

Value of Using Biblical Prayers:

INTRODUCTION:

- A.** Jesus, Paul, and Peter's prayers are recorded for our benefit. We refer to them as the "apostolic prayers" because they are the prayers that Jesus prayed as our chief apostle (Heb. 3:1) and the Spirit gave to the apostles. Including doxologies, there are about thirty apostolic prayers.
- B.** These prayers are guaranteed! They are like checks already signed in Heaven and waiting only for a co-signer on the earth to be cashed. They are as relevant today as they were in the early Church.

APOSTOLIC PRAYERS ARE GOD-CENTERED:

All the New Testament prayers are God-centered; each one is addressed to God. Not one apostolic prayer is addressed to the devil. God-centered prayer, including spiritual warfare prayer, is the model outlined in the New Testament. It is the model the early Church used in resisting and dislodging demonic forces and cultural strongholds (Eph. 6:12; 2 Cor. 10:3-5)."

APOSTOLIC PRAYERS ARE POSITIVE:

- A.** The apostolic prayers are positive prayers asking God to impart positive things instead of removing negative things. For example, Paul prayed for love to abound instead of asking for the removal of hatred (Phil. 1:9). He prayed for the impartation of unity instead of praying against division (Rom. 15:5). He asked for peace to increase instead of fear to be removed (Rom. 15:13).
- B.** He did not pray against sin but asked for increased holiness, purity, and love (1 Thes. 3:12-13). Even Paul's requests to be delivered from evil men are positive in focusing on the deliverance of God's people rather than on exposing or bringing down the evil men persecuting them (2 Thes. 3:2).
- C.** Praying for the impartation of positive virtues, instead of focusing on removing negative characteristics, unifies intercessors, and healing some of the negative emotions against the Church in the very people praying for the Church. Positive apostolic prayers facilitate unity, impact our emotions, and build our faith.
- D.** The apostolic prayers provide us with good theology for a victorious church. A man once asked me, "Why do you believe the church will be victorious?" I told him to look at the prayers of Jesus and the apostles for the Church. My theology on a victorious church and revival was formed partially by praying the New Testament prayers. The Spirit gave these prayers, so we know they will be fully answered.

- E.** The vast majority of the apostolic prayers are focused on strengthening the Church. God's primary plan to reach the lost or to impact a city is by anointing His Church with power and love. When we pray for the whole Church in a city to be revived in love and power, the answer to these prayers will immensely impact the lost. Many unbelievers will inevitably come to Jesus, and society will be changed as the Church in that city walks in the power of the Spirit.
- F.** We see this principle at work in the city of Ephesus. The preaching of the Word of God was so powerfully anointed that its influence "grew mightily and prevailed" across Ephesus (Acts 19:20). God's strategy was to raise a large, anointed church with congregations (in homes) across the whole city that would win a great harvest in all Asia. What happened in Ephesus was so powerful that everyone in Asia "heard the word of the Lord" from Paul and others in this Church.
- G.** When preachers are anointed, and the Church is revived, the saints will speak the Word and do the works of the kingdom with remarkable consistency, and a multitude of unbelievers will come to Jesus. We do well to labor in prayer for an increase in the measure of the Spirit's anointing on the Church, knowing that a harvest will surely result. No power can prevent the lost from coming to Jesus in great numbers when the Church is revived and operating together in the anointing of the Spirit.
- H.** We are to pray for the whole Church in our city, not just for our ministry or congregation.

THREE PRAYER THEMES:

The three general prayer themes are the release of the Holy Spirit's gifts, fruit, and wisdom. The vast majority of the prayers and promises in the Bible fit into one of these three general prayer themes. We ask for the fruit of the Spirit or godly character to be established in people as the Spirit convicts them of sin and righteousness, reveals the knowledge of God, and releases more of the beauty, love, and fear of the Lord to them. We ask for the wisdom of God to be given to them so they can walk in God's will and plan for their lives. And we ask for the gifts of the Spirit—the supernatural power, favor, and protection of God—to be released to and through their lives and ministry.

- A.** The gifts of the Spirit: Praying for a greater release of the gifts of the Spirit involves praying for the release of God's power, including His supernatural favor, provision, and protection. We ask for a greater measure of God's power to manifest in our lives and the people or places we pray for. '7 The manifestation of the Spirit is given to each one ...8 for to one is given the word of wisdom..., 9 to another gifts of healings..., 10 to another the working of miracles...' (1 Cor. 12:7-10).
- B.** The fruit of the Spirit: Praying for a greater release of the fruit of the Spirit refers to asking for God's character to be formed in the lives of others. We ask that the fullness of the fruit of the Spirit in Galatians 5:22-23 (God's love, joy, peace, patience, etc.) be established in those we pray for.
- C.** The wisdom of the Spirit: When we pray for a greater release of the wisdom of the Spirit, we are asking for an increase of understanding and insight into God's plans, will, and Word for others. Paul prayed much for spiritual wisdom and understanding for others (Col. 1:9-10). Praying for wisdom includes asking the Spirit for dreams and visions that give insight into His will for our lives and His plans for a city, nation, business, Church, etc. (Acts 2:17-19).

Apostolic Prayer Verses:

- A.** Pray for revelation of Jesus' beauty that we might walk in our calling and destiny by God's power.

"That the Father of glory, may give to you the Spirit of wisdom and revelation in the knowledge of Him, the eyes of your understanding being enlightened; that you may KNOW [experience] what is the hope of His calling [assurance/clarity of God's call for our life], what are the riches of the glory of His inheritance in the saints [our destiny as Jesus' inheritance], and what is the exceeding greatness of His power toward us who believe, according to the working of His mighty power... (Eph. 1:17-19)

- B.** Pray to receive the Spirit's power so that Jesus' presence will be manifested in us so we can experience God's love.

"THAT He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man, THAT Christ may dwell [manifest His presence] in your hearts through faith; THAT you, being rooted and grounded in love, may be able to comprehend [experience] with all the saints what is the width and length and depth and height—to know the love of Christ which passes knowledge; THAT you may be filled with all the fullness of God. (Eph. 3:16-19)

- C.** Pray for God's love to abound in us by the knowledge of God, resulting in righteousness in our lives.

"That your love may abound still more and more in knowledge [of God] and all discernment, that you may approve [rejoice in] the things that are excellent, that you may be sincere [no compromise] and without offense till the day of Christ, being filled with the fruits of righteousness..." (Phil. 1:9-11).

- D.** Pray to know God's will and to be fruitful in ministry and strengthened by intimacy with Him.

"That you may be filled with the knowledge of His will in all wisdom and spiritual understanding; that you may have a walk worthy of the Lord, fully pleasing Him, being fruitful in every good work and increasing in the knowledge of God; strengthened with all might, according to His glorious power, for all patience and longsuffering with joy..." (Col. 1:9-11).

- E.** Pray for unity in the Church and to be filled with supernatural joy, peace, and hope (confidence).

“May the God of patience and comfort grant you to be like-minded toward one another... that you may with one mind and one mouth glorify the...Father. May the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit” (Rom. 15:5-6, 13).

- F.** Pray to be enriched by all the gifts of the Spirit, including powerful preaching and prophetic revelation.

“That you were enriched in everything by Him in all utterance [anointed preaching/singing] and all knowledge [prophetic revelation], even as the testimony of Christ was confirmed in you [by miracles], so that you come short in no gift, eagerly waiting for the revelation of... Jesus Christ, who will also confirm you to the end, that you may be blameless in the day of our Lord Jesus Christ” (1 Cor. 1:5-8).

- G.** Pray for the release of grace to bring the Church to maturity, especially to abound in love and holiness.

“Praying exceedingly that... [God will release His Spirit and grace to] perfect what is lacking in your faith?... And may the Lord make you increase and abound in love to one another and all... that He may establish your hearts blameless in holiness before our God and Father” (1 Thes. 3:10-13).

- H.** Pray to be worthy (prepared or made spiritually mature) to walk in the fullness of our destiny in God.

“We always pray for you that God would count you worthy of [prepare us for] this calling, and fulfill all the good pleasure of His goodness [plans for us] and the work of faith with power, that the name of...Jesus may be glorified in you, and you in Him, according to the grace of our God” (2 Thes. 1:11-12).

- I.** Pray that the Word will increase its influence (effectiveness) in the city as God releases His power on it.

“Pray for us, that the Word of the Lord may run swiftly [rapidly increase its influence] and be glorified [confirmed with apostolic power and miracles], just as it is with you... The Lord is faithful, who will establish you and guard you from the evil one... May the Lord direct your hearts into the love of God and into the patience [perseverance or endurance] of Christ” (2 Thes. 3:1-5).

- J.** Pray for the impartation of boldness (speaking and preaching) the Word) by releasing healing, signs, and wonders.

“Lord, grant to your servants that with all boldness they may speak your Word by stretching out Your hand to heal, and that signs and wonders may be done through the name of Your holy Servant Jesus. And when they had prayed, the place where they were assembled together was shaken; and they were all filled with the Holy Spirit, and they spoke the Word of God with boldness” (Acts 4:29-31).

- K.** Pray for the Release of God’s promise to be endued with power for all who tarry (labor in prayer) for breakthrough.

“Behold, I send the Promise of My Father upon you; but tarry in the city of Jerusalem until you are endued with power from on high...He lifted up His hands and blessed them... (Lk. 24:49-50).

- L.** Pray for the Lord to release His zeal for His people and His manifest Presence to shake all that resists Him.

“Look down... and see from Your habitation, holy and glorious. Where are [the manifestations of] Your zeal and Your strength, the yearning of Your heart and Your mercies toward me? ...You, O Lord, are our Father, Our redeemer from Everlasting is Your name... Oh, that you would rend the heavens! That You would come down [manifest Your power]! That the mountains (obstacles) might shake at Your presence—as fire burns brushwood, as fire causes water to boil—to make Your name known to Your adversaries [sin, sickness, Satan], that the nations may tremble at Your presence! When You did awesome things for which we did not look (expect)... Since the beginning of the world, men have not heard...nor has the eye seen any God besides You, who acts for the one who waits for Him. You meet him who rejoices and does righteousness, who remembers you in Your ways” (Isa. 63:15-16; 64:1-7).

- M.** For the release of God’s promise to pour out His Spirit and give dreams, visions, and prophecy.

“In the last days, says God, that I will pour out of My Spirit on all flesh; your sons and your daughters shall prophesy, Your young men shall see visions, your old men shall dream dreams. On My menservants and maidservants, I will pour out My Spirit in those days, and they shall prophesy. I will show wonders in Heaven above and signs in the earth beneath blood, fire, and vapor of smoke. The sun shall be turned into darkness, and the moon into blood, BEFORE the coming of the great and awesome day of the Lord. Whoever calls on the name of the LORD shall be saved” (Acts 2:17-21).

Blessing Prayer:

“

“The LORD spoke to Moses, saying, “Speak to Aaron and his sons, saying, Thus you shall bless the people of Israel: you shall say to them, The LORD bless you and keep you; the LORD make his Face to shine upon you and be gracious to you; the LORD lift up his countenance upon you and give you Peace. “So shall they put my name upon the people of Israel, and I will bless them” (Numbers 6:22-27).

”

The specific words of Aaron’s High Priestly Blessing came from the Lord Himself and were to be spoken over His people, Israel, by which He would place His Name upon them. The effect of His blessing would display His character, nature, and very being in and through His people. He would bless them to ‘be’ a blessing to the nations because that is his nature! Our God is a ‘Blessing’ orientated God! He set his affection upon them, loved them as his own, even calling Israel his ‘own son,’ redeeming them out of the land of slavery. God was saying to the Hebrews, “I will bless you and keep you, smile on you, be gracious to you, and give you peace!” He promised to love, protect, bless, and be with them!

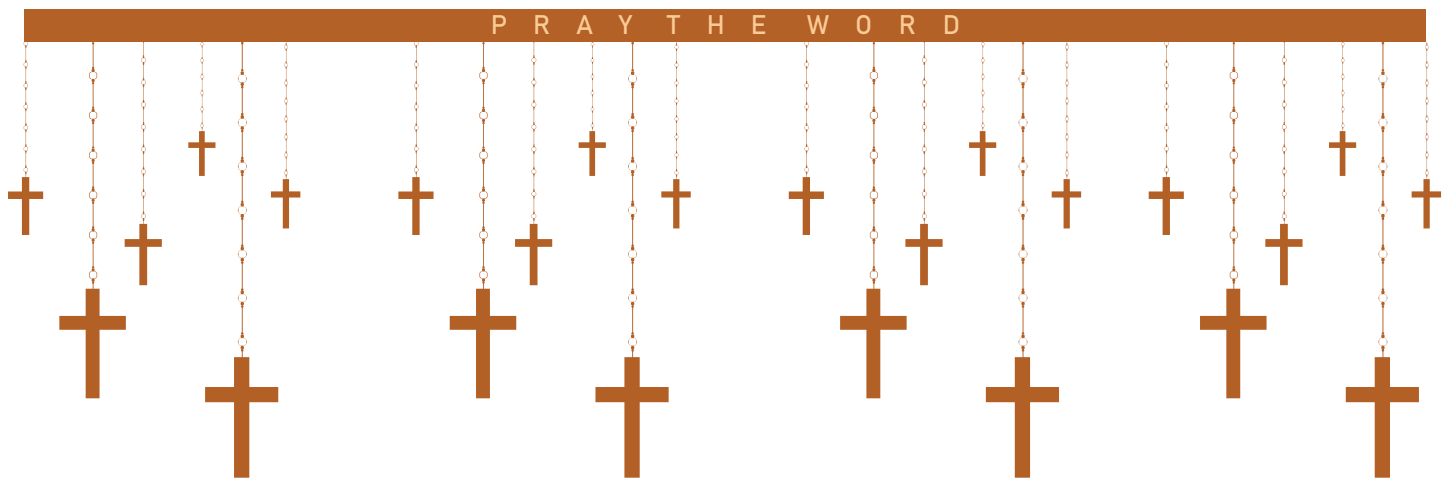
God is intensely concerned about blessing his people. Blessing is God’s idea; it is not something we have to beg for; it is something he desires to give. In this prayer, we see 6 promises of God’s blessing. The verbs are in the singular, although he is speaking to the whole community of Israel. His blessing is his ‘name.’ As he said to Moses,

“So shall they put my name upon the people of Israel, and I will bless them.”

God reveals his Name, Yahweh, 3 times in the prayer, revealing his Trinitarian nature, the three-in-one God.

His Name Yahweh is his covenant name, literally ‘I am who I am.’ He is the self-sufficient, self-sustaining, all-knowing, unstoppable God who always keeps his promises! He promises, ‘I will be your God; you will be my people.’ In the relational sense, he means, ‘I am the one who is there with you and for you. All that I am, I place at your disposal.’

In his wisdom, God knows what’s best for us; in his love, he wants what’s best for us, and in **his power, he delivers what is best for us!**



Six Promises of Blessing

1. The Lord BLESS you.

Blessing is the act of declaring God's favor and goodness upon others. It is asking the Lord to wrap up His people in His protective and loving care. After God created Adam and Eve, he 'blessed' them to be fruitful and to multiply! He chose Abram and said to him,

"And I will make of you a great nation, and I will bless you and make your Name great so that you will be a blessing. 3 I will bless those who bless you, and him who dishonors you I will curse, and in you all the families of the earth shall be blessed" (Gen. 12:1-3).

Blessed to be a blessing to the nations. The words 'blessing' and 'to bless' are used 330 times throughout the OT. Jesus opens up his teaching in the Sermon on the Mount with 8 blessings. When Jesus was about to depart from His disciples 10 days before Pentecost, the Scriptures record that He lifted His hands and blessed them (Luke 24:50). This is significant

because the High Priestly Blessing is also called "The Lifting of the Hands." Jesus was blessing His disciples with the same blessing that His Father had commanded Aaron, through Moses, to speak over the house of Israel and thus place His Name on them.

Paul speaks to the church in Ephesus, "Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places" (Eph. 1:3). Peter shares, "His divine power has granted to us all things that pertain to life and godliness, through the knowledge of him who called us to his own glory and excellence" (2 Peter 1:3).

The greatest blessing of all is the blessing of salvation through Jesus Christ. Scripture shows that blessing is anything God gives that makes us fully satisfied in him. Anything that draws us closer to Jesus. Anything that helps us relinquish the temporal and hold on more tightly to the eternal.

2. The Lord **KEEP** you.

As Israel journeyed through the wilderness, God was faithful to keep them under the shadow of his wings, providing for their needs, guiding them with his Presence, and delivering them from harm. The Lord promises to keep and protect us against all harm this world could offer. Amid dangerous places and things, he is our refuge, a bulwark and mountain fortress. He is never failing. Even during our trials and suffering, he will keep us! This gives us the courage to follow Jesus wherever he would lead us! As Scripture says,

**“No, in all these things, we are more than conquerors through him who loved us!”
(Rom. 8:37).**

Not just a conqueror, but more than a conqueror. The Greek phrase means to be super abundant in conquering through Christ, triumph, or ultimately prevail! To be more than a conqueror means that before you ever get a problem, you already know that whatever problem comes your way, you can overcome it through Christ. You live confidently that God loves you no matter what, and He will never leave or forsake you. He protects us in Him!

3. The Lord will make his Face to **SMILE** upon you.

A smile sends a message. It's like new parents looking into the crib and seeing their little one; a smile always ensues! There is something in that smile on a parent's Face that communicates connection, pleasure, and delight. God says, “My Face shines upon you with a smile, a look of love. I see you. I am interested in you; I take great delight in you. I notice you; you are not forgotten!” You are his treasured possession, the very delight of his heart. He has his eyes on his prize! He sings over you with rejoicing. As the psalmist says,

“You make known to me the path of life; in your presence, there is fullness of joy; at your right hand are pleasures forevermore” (Psalm 16:11).

It's his perfect love that casts out all fear! May Yahweh smile on you, and may he grant you well-being!

4. I will be **GRACIOUS** to you.

God deals with the reality of sin. Every one of the 2 million Hebrews in the desert were sinners condemned to death and Hell without God. Because of sin, God had to distance himself from his people. To deal with this problem, he provided them with the sacrificial system to atone for their sins. In essence, God says, 'When the blood is shed, then you can come into my Presence; then and only then can your sin be dealt with. This pointed to the ultimate fulfillment in the New Covenant and the blood of Jesus Christ, our Passover Lamb!

Grace is God's love in action. Grace is when God freely gives us what we need even though we don't deserve it and can never repay him. Grace is when God solves our greatest problem even before we knew it was a problem. Grace is God's Riches At Christ's Expense. It is the Face of God when he looks at our faults, failures, and fears. Jesus knows us the best and loves us the **MOST**.

"The LORD passed before him and proclaimed, "The LORD, the LORD, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness, keeping steadfast love for thousands, forgiving iniquity and transgression and sin..." (Exo. 34:4-6).

5. I will turn my **Face TOWARDS** you.

His first promise was to look upon us with a smile, and now he promises to turn his Face towards us. He promises not to turn his back on us even amid our sin and weakness and come towards us with his Presence! This promise deals with his desire to come near us, to step in and walk with us daily, moment by moment. Jesus promises to be our Emmanuel, God-With-Us forever! He promised that as we make disciples of all nations, he would be with us even to the end of the age! At Pentecost, God came by his Spirit, not just to come 'to us' but literally to dwell 'in us.' He promises to never leave us or forsake us!

6. I will give you PEACE.

This word peace is not the absence of war or conflict but well-being. Of all the innumerable blessings of the Christian life, Peace is one of the most precious. Our God is the God of Peace, Jesus is called the 'prince of peace,' we preach a gospel of Peace, and the Spirit of God releases Peace to us.

Peace here speaks of well-being in all aspects of our life. It is all-inclusive, complete, and comprehensive. Peace means life as good as it gets! He gives us abundant life, life to the full, more than enough, and in plentiful supply. His life, by his Spirit in us and through us, brings Peace that transcends all understanding, above the ceiling and beyond imagination.








"And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful." (Col. 3:15).

He promises to Bless us, to Keep Us, to Smile upon us, to be Gracious to us, to Turn towards us, and to give us Peace.







"May God be gracious to us and bless us and make his face to shine upon us, that your way may be known on earth, your saving power among all nations" (Psalm 67:1-2).

Asking - John 14-16








A. The Challenge to Ask

-  John 14:13, "I will do whatever you ask..."
-  John 14:14, "You may ask me for anything..."
-  John 15:7, "Ask whatever you wish..."
-  John 15:16, "The Father will give you whatever you ask..."
-  John 16:23, "My Father will give you whatever you ask..."
-  John 16:24, "Ask and you will receive..."
-  John 16:26, "In that day you will ask..."

B. The Right Way to Ask

-  John 14:13, "Whatever you ask in my Name..."
-  John 14:14, "You may ask me for anything in my name..."
-  John 15:16, "Whatever you ask in my name..."
-  John 16:23, "Whatever you ask in my name..."
-  John 16:24, "You have not asked for anything in my Name..."
-  John 16:26, "In that day you will ask in my name..."

C. Our Assurance When We Ask

-  John 14:12, "Anyone who has faith in me will do what I have been doing.
 He will do even greater things than these."
-  John 14:13, "I will do whatever you ask."
-  John 14:14, "I will do it"
-  John 15:7, "It will be given to you."
-  John 15:16, "The Father will give you."
-  John 16:24, "You will receive, and your joy will be complete."

Claiming God's Spiritual Riches Daily

God wants you to have the riches, to gain the victories, to receive the graces, and to cultivate the life practices he has spoken of in his Word. He has promised to give to those who ask, to reveal to those who seek, and to open to those who knock (Mt. 7:7-8). Those who ask in accord with his will receive whatever they ask for (1 Jn. 5:14-15). Those who do not ask do not receive (James 4:2).

"Ask Him, "Lord, make me a man of purity." Try praying this for 30 Days with a key verse."

Spiritual “Riches” God promises to give to askers:

- 1.** Be filled with the Holy Spirit (Eph. 3:16, 5:18)
- 2.** Christ might dwell in your heart through faith (Eph. 3:17, John 15:4-5)
- 3.** Be rooted and grounded in God’s love (Eph. 3:17, Deut. 6:4)
- 4.** Pray in the Spirit on all occasions... (Eph. 6:18, 1 Tim. 2:1-4)
- 5.** Meditate on the Word of God Day and night (Ps. 1, 2 Tim. 3:16-17)
- 6.** Perfect peace (Isa. 26:3, Phil. 4:6-7)
- 7.** Filled with the knowledge of God’s will (Col. 1:9)
- 8.** Wisdom and understanding of the Spirit (Col. 1:8, Jas. 1:5)
- 9.** Transformed by renewing your mind (Rom. 12:2)
- 10.** Conformed to the likeness of Christ (2 Cor. 3:18, Rom. 8:29)
- 11.** Godliness and Holiness (1 Tim. 4:7, 2 Pet. 3:11)
- 12.** Fruitfulness and Righteousness (Jn. 15:16, Col. 1:10)
- 13.** Overcome the world (1 Jn. 5:4, Ro. 8:37)
- 14.** Stand up against Satan (Eph. 6:10-12, Luke 10:19)
- 15.** Kept from Pride (Jas. 4:10, Ro. 12:3)
- 16.** Kept from lust/desire (Matt. 5:28, Gal. 5:16)
- 17.** Kept from envy (1 Cor. 13:4, Gal. 3:26).

Praying for the Lost

1. Ask God for the courage and power of the Holy Spirit to be an effective witness in your sphere of influence.

“But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth” (Acts 1:8).

2. Pray for the outpouring of the Holy Spirit upon all flesh! Pray for the Holy Spirit to convict the world in regard to sin, righteousness, and judgment.

“And in the last days it shall be, God declares, that I will pour out my Spirit on all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams” (Acts 2:17).

“And when he comes, he will convict the world concerning sin and righteousness and judgment: concerning sin, because they do not believe in me; concerning righteousness, because I go to the Father, and you will see me no longer; concerning judgment, because the ruler of this world is judged” (John 16:8-11).

3. Pray for God the Father to draw all men to Christ through the power of the cross!

“No one can come to me unless the Father who sent me draws him” (John 6:44).

“And I, when I am lifted up from the earth (he is speaking here of him being lifted up on the cross) will draw all people to myself” (John 12:32).

4. Pray for God to remove the blindness that the enemy has put over the minds of the unbeliever so that they will see the light of the Gospel of the Glory of Christ!

“In their case the god of this world has blinded the minds of the unbelievers, to keep them from seeing the light of the Gospel of the glory of Christ, who is the image of God” (2 Cor. 4:4).

5. Pray for God’s kindness to lead people to repentance.

“Or do you presume on the riches of his kindness and forbearance and patience, not knowing that God’s kindness is meant to lead you to repentance?” (Romans 2:4).

6. Pray for God to make every believer a witness – Pray for doors (divine opportunities) to be opened to share the good news with the lost.

“At the same time, pray also for us, that God may open to us a door for the Word, to declare the mystery of Christ, on account of which I am in prison. (Colossians 4:3 (ESV))

7. Pray for unsaved family members to come to Christ and for household salvations.
8. Pray for the Gospel to the Kingdom to be proclaimed throughout the world! Ask God to give you his compassion for the lost. Pray for the Lord of the Harvest to send forth laborers into the harvest fields of the world!

And Jesus went throughout all the cities and villages, teaching in their synagogues and, proclaiming the gospel of the Kingdom, and healing every disease and every affliction. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, “The harvest is plentiful, but the laborers are few; therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest” (Matthew 9:35-39).

9. Pray for mighty signs, wonders, and miracles to be demonstrated at the proclamation of the Gospel!

“And now, Lord, look upon their threats and grant to your servants to continue to speak your word with all boldness while you stretch out your hand to heal, and signs and wonders are performed through the name of your holy servant Jesus.” And when they had prayed, the place in which they were gathered together was shaken, and they were all filled with the Holy Spirit and continued to speak the Word of God with boldness” (Acts 4:29-31).

10. Pray for the gift of tears. Ask God to break your heart with the things that break his. Ask for a biblical revelation of Hell and weep over the lost to be saved.

“Those who sow in tears shall reap with shouts of joy! He who goes out weeping, bearing the seed for sowing, shall come home with shouts of joy, bringing his sheaves with him” (Psalm 126:5-6).

10 Prayer Points for Unreached Peoples and Cities:

- 1.** Pray for Jesus Christ to be exalted in this city. Pray for His Name to be revealed, received, and revered amongst every people, tribe, and tongue in this city. Pray for God's Kingdom to come and his will to be done in this city! (Matthew 6:9-10, Malachi 1:11, Hab. 2:14, Psalm 22:27)
- 2.** Pray to the Lord of the Harvest to send laborers to proclaim the gospel of the Kingdom with demonstrations of power and love!
- 3.** Pray for Christ-exalting, Disciple-making Churches to be planted throughout the city!
- 4.** Pray for Dreams and Visions to be given to those in the city far from God.
- 5.** Pray for the Bible to be translated into the heart language of every people group in this city. (2 Thess 3:1)
- 6.** Pray for the outpouring of the Holy Spirit upon all flesh in this city! Pray for the Holy Spirit to convict them of sin and show them their need for a Savior, found only in Jesus Christ. Pray for God the Father to draw all men to Christ through the power of the cross. Pray for God's kindness to lead all to repentance. (Acts 2:17, John 16:8-11, John 6:44, 12:42)
- 7.** Pray for God to forbid, bind, and restrain the powers of darkness over this city and lose the power, truth, and love of the Holy Spirit upon the people of this city. Pray for God to remove the blindness that the enemy has put over the minds of the unbelievers so that they will see the light of the gospel of the Glory of Christ! (Matthew 18:18-20, 2 Cor. 4:4-6)
- 8.** Pray for those persecuted to stand firm in the faith and remind the Lord of the blood of the martyrs to vindicate his Name! (Rev. 6)
- 9.** Pray for justice – for God to rescue women and children from abortion, sex trafficking, abuse, and child (labor, brides, and war). Pray for God to provide for the poor, bring healing to the sick, and deliverance from the demonized! (Isaiah 61, Psalm 67, Luke 18:1-8)
- 10.** Pray that the Lamb who was slain would receive his due reward in the nations!
- 11.** “And they sang a new song, saying, “Worthy are you to take the scroll and to open its seals, for you were slain, and by your blood you ransomed people for God from every tribe and language and people and nation...”

“Worthy is the Lamb who was slain, to receive power and wealth and wisdom and might and honor and glory and blessing!” (Rev. 5:9, 12).

“Ask of me, and I will make the nations your heritage, and the ends of the earth your possession” (Psalm 2:8).


“For the earth will be filled with the knowledge of the glory of the LORD as the waters cover the sea” (Habakkuk 2:14).

“All the ends of the earth shall remember and turn to the LORD, and all the families of the nations shall worship before you” (Psalm 22:27)



Sign up to Pray for an Unreached City Each Day at
www.110cities.com


Praying for the Salvation of Israel:

 Pray for the fullness of the Gentile nations to be saved. Pray for the salvation of all Israel! “Brothers, my heart’s desire and prayer to God for them is that they may be saved”


(Rom 10:1).

“I do not want you to be unaware of this mystery, brothers: a partial hardening has come upon Israel, until the fullness of the Gentiles has come in. 26 And in this way all Israel will be saved, as it is written, “The Deliverer will come from Zion, he will banish ungodliness from Jacob”; 27 “and this will be my covenant with them when I take away their sins”

(Romans 11:25-27).

 Pray that Gentile Believers will make Israel Jealous/Envious.


“So I ask, did they stumble in order that they might fall? By no means! Rather, through their trespass, salvation has come to the Gentiles, so as to make Israel jealous” (Romans 11:11).

 Pray for God to send forth laborers like the apostle Paul to proclaim the gospel both to the Gentile nations and to the unbelieving Jews around the world!


“Now I am speaking to you Gentiles. Inasmuch then as I am an apostle to the Gentiles, I magnify my ministry in order somehow to make my fellow Jews jealous, and thus save some of them” (Romans 11:13-14).

“When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, “The harvest is plentiful, but the laborers are few; therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest” (Matthew 9:36-39).


“For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first and also to the Greek” (Romans 1:16).

 Pray for Israel to see the Lamb who was slain, “the one whom they have pierced” (Zechariah 12:10).

“And I will pour out on the house of David and the inhabitants of Jerusalem a spirit of grace and pleas for mercy, so that, when they look on me, on him whom they have pierced, they shall mourn for him, as one mourns for an only child, and weep bitterly over him, as one weeps over a firstborn...On that day there shall be a fountain opened for the house of David and the inhabitants of Jerusalem, to cleanse them from sin and uncleanness”
(Zechariah 12:10 - 13:1).

 Pray for God to regather Jews in the nations back to the land of Israel.

“Behold, I will gather them from all the countries to which I drove them in my anger and my wrath and in great indignation. I will bring them back to this place, and I will make them dwell in safety. And they shall be my people, and I will be their God. I will give them one heart and one way, that they may fear me forever, for their own good and the good of their children after them. I will make with them an everlasting covenant that I will not turn away from doing good to them. And I will put the fear of me in their hearts, that they may not turn from me. I will rejoice in doing them good, and I will plant them in in this land in faithfulness, with all my heart and all my soul” (Jeremiah 32:37-41).

 Pray for the outpouring of the Spirit upon the people of Israel and for a youth awakening!

“But now hear, O Jacob my servant, Israel whom I have chosen! Thus says the LORD who made you, who formed you from the womb and will help you: Fear not, O Jacob my servant, Jeshurun whom I have chosen. For I will pour water on the thirsty land, and streams on the dry ground; I will pour my Spirit upon your offspring, and my blessing on your descendants. They shall spring up among the grass like willows by flowing streams. This one will say, ‘I am the LORD’s,’ another will call on the Name of Jacob, and another will write on his hand, ‘The LORD’s,’ and name himself by the Name of Israel.”



Pray that God would post watchmen (pray-ers) on the walls of Jerusalem until her righteousness goes forth as brightness, and she becomes a praise on the earth!

“In that day there will be a highway from Egypt to Assyria, and Assyria will come into Egypt, and Egypt into Assyria, and the Egyptians will worship with the Assyrians. 24 In that day Israel will be the third with Egypt and Assyria, a blessing in the midst of the earth, 25 whom the LORD of hosts has blessed, saying, “Blessed be Egypt my people, and Assyria the work of my hands, and Israel my inheritance” (Isaiah 19:23-25).



Pray for the Peace of Jerusalem

“Pray for the Peace of Jerusalem! “May they be secure who love you! 7 Peace be within your walls and security within your towers” (Psalm 122:6-7).

Names of the Lord

Malachi 1:11 (NIV), “My Name will be great among the nations, from the rising to the setting of the sun. In every place incense and pure offerings will be brought to my Name, because my Name will be great among the nations,” says the LORD Almighty.”

Holy, Holy, Holy—Set apart

Revelation 4:8 (NIV), “Holy, holy, holy is the Lord God Almighty, who was, and is, and is to come.”
Isaiah 6:3 (NIV), “And they were calling to one another: “Holy, holy, holy is the LORD Almighty; the whole earth is full of his glory.”

Worthy—All Deserving

Revelation 5:12-14 (NIV), “In a loud voice they sang: “Worthy is the Lamb, who was slain, to receive power and wealth and wisdom and strength and honor and glory and praise!” 13 Then I heard every creature in heaven and on earth and under the earth and on the sea, and all that is in them, singing: “To him who sits on the throne and to the Lamb be praise and honor and glory and power, forever and ever!” 14 The four living creatures said, “Amen,” and the elders fell down and worshiped.”

I am who I am (YHVH)

Exodus 3:14-15 (NIV), “God said to Moses, “I AM WHO I AM. This is what you are to say to the Israelites: ‘I AM has sent me to you.’” God also said to Moses, “Say to the Israelites, ‘The LORD, the God of your fathers—the God of Abraham, the God of Isaac and the God of Jacob—has sent me to you.’ This is my Name forever, the Name by which I am to be remembered from generation to generation.”

Gracious and Compassionate

Exodus 34:5-8 (NIV), “Then the LORD came down in the cloud and stood there with him and proclaimed his Name, the LORD. And he passed in front of Moses, proclaiming, ‘The LORD, the LORD, the compassionate and gracious God, slow to anger, abounding in love and faithfulness, maintaining love to thousands, and forgiving wickedness, rebellion and sin. Yet he does not leave the guilty unpunished.’”

Unfathomable

Romans 11:33-36 (NIV), “Oh, the depth of the riches of the wisdom and knowledge of God! How unsearchable his judgments, and his paths beyond tracing out! ‘Who has known the mind of the Lord? Or who has been his counselor?’ ‘Who has ever given to God, that God should repay him?’ For from him and through him and to him are all things. To him be the Glory forever! Amen.

Lord of Hosts

Exodus 15:2-3 (ESV), “The LORD is my strength and my song, and he has become my salvation; this is my God, and I will praise him, my father’s God, and I will exalt him. The LORD is a man of war; the LORD is his Name.” Great and Marvelous: Revelation 15:3 (NIV), “Great and marvelous are your deeds, Lord God Almighty. Just and true are your ways, King of the ages.”

God is Love

John 4:16 (NIV), “And so we know and rely on the love God has for us. God is love.”

Consuming Fire, Jealous God

Deuteronomy 4:24 (NIV), “For the LORD your God is a consuming fire, a jealous God.”

King of Kings and Lord of Lords

Revelation 19:11-16 (NIV), “I saw heaven standing open and there before me was a white horse, whose rider is called Faithful and True. With justice, he judges and makes war. His eyes are like blazing fire, and on his head are many crowns. He has a name written on him that no one knows but he himself. He is dressed in a robe dipped in blood, and his Name is the Word of God. The armies of heaven were following him, riding on white horses and dressed in fine linen, white and clean. Out of his mouth comes a sharp sword with which to strike down the nations. “He will rule them with an iron scepter.” He treads the winepress of the fury of the wrath of God Almighty. On his robe and on his thigh, he has this Name written: KING OF KINGS AND LORD OF LORDS.”

Timothy 6:15-16 (NIV), “which God will bring about in his own time—God, the blessed and only Ruler, the King of kings and Lord of lords, who alone is immortal and who lives in unapproachable light, whom no one has seen or can see. To him be honor and might forever. Amen.”

Isaiah 9:6-7 (NIV), “And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace. Of the increase of his government and Peace, there will be no end. He will reign on David’s Throne and over his Kingdom, establishing and upholding it with justice and righteousness from that time on and forever.”

Lord, Adonai (Master)

Psalms 8:1-2 (NIV), “O LORD, our Lord, how majestic is your Name in all the earth! You have set your Glory above the heavens.”

God Most High, El Elyon

Gen. 14:19-20, “Blessed be Abram by God Most High, Creator of heaven and earth. And blessed be God Most High, who delivered your enemies into your hand.”

God Who Heals

Psalms 23:1-3 (ESV), “The LORD is my shepherd; I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul. He leads me in paths of righteousness for his Name’s sake.”

Lord, My Shepherd

15:26 (NIV), “If you listen carefully to the voice of the LORD your God and do what is right in his eyes, if you pay attention to his commands and keep all his decrees, I will not bring on you any of the diseases I brought on the Egyptians, for I am the LORD, who heals you.”

Lord our Peace

Romans 15:33 (ESV), “May the God of Peace be with you all. Amen.”

Lord, Our Righteousness (Right living, relationships)

Jeremiah 23:6 (ESV), “And this is the name by which he will be called: ‘The LORD is our righteousness.’

Names of Jesus Christ

Jesus

Matthew 1:21 (ESV), “She will bear a son, and you shall call his Name Jesus, for he will save his people from their sins.

Christ (anointed one, set apart king), the Son of the Living God

Matthew 16:16 (ESV), “Simon Peter replied, “You are the Christ, the Son of the living God.”

Immanuel, God with us

Matthew 1:23 (ESV), “Behold, the virgin shall conceive and bear a son, and they shall call his name Immanuel” (which means, God with us).”

High Priest

Hebrews 2:17–18 (ESV) “Therefore he had to be made like his brothers in every respect, so that he might become a merciful and faithful high priest in the service of God, to make propitiation for the sins of the people. For because he himself has suffered when tempted, he is able to help those who are being tempted.”

One like a Son of Man

Revelation 1:12–18 (ESV), “Then I turned to see the voice that was speaking to me, and on turning I saw seven golden lampstands, and in the midst of the lampstands one like a son of man, clothed with a long robe and with a golden sash around his chest. The hairs of his head were white, like white wool, like snow. His eyes were like a flame of fire, his feet were like burnished bronze, refined in a furnace, and his voice was like the roar of many waters. In his right hand, he held seven stars; from his mouth came a sharp two-edged sword, and his face was like the sun shining in full strength. When I saw him, I fell at his feet as though dead. But he laid his right hand on me, saying, “Fear not, I am the first and the last, and the living one. I died, and behold I am alive forevermore, and I have the keys of Death and Hades.

Father Heart of God

• The God our Lord Jesus Christ, the Father of Glory!

- Ephesians 1:17, “that the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him,”
- Daniel 7:9-10, “I watched till thrones were put in place, and the Ancient of Days was seated; his garment was white as snow, and the hair of His head was like pure wool. His throne was a fiery flame, its wheels a burning fire; A fiery stream issued and came forth from before Him. A thousand ministered to Him; ten thousand times ten thousand stood before Him. The court was seated, and the books were opened.”

• He is a good Father and gives good gifts to His children.

- James 1:17 (ESV), “Every good gift and every perfect gift is from above, coming down from the Father of lights with whom there is no variation or shadow due to change.”
- Luke 11:13 (ESV), “If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!”

• He is the Father of the fatherless.

- Psalm 27:10, “When my father and my mother forsake me, then the LORD will take care of me.” Psalm 68:5, “A father of the fatherless, a defender of widows, is God in His holy habitation.”

• He is the Father who never abandons

- Hebrews 13:5, “Never will I leave you; never will I forsake you.”
- We have the Father’s approval: He loves us with the same love He has for His Son, the Lord Jesus.
- Matthew 3:17, “And suddenly a voice came from heaven, saying, ‘This is My beloved Son, in whom I am well pleased.’”
- John 17:3, “in them and you in me, that they may become perfectly one, so that the world may know that you sent me and loved them even as you loved me.”

• He is the Father who names us - and gives us our identity.

- Note: Spend time in listening prayer. Ask the Father to give you a new name!
- Ephesians 3:14-15, “For this reason I bow my knees to the Father of our Lord Jesus Christ, from whom the whole family in heaven and earth is named,”

• **He is a Father who challenges us, helps us take risks, and tells us we have what it takes in his grace.**

- John 14:12, “Most assuredly, I say to you, he who believes in Me, the works that I do he will do also; and greater works than these he will do, because I go to My Father.”

• **Embracing Father,**

- He sees us, feels compassion for us, runs to us, embraces us, kisses us, puts a robe on us (His very own), puts a ring on our finger (access to all His estate), puts sandals on our feet (only for sons and daughters, enslaved people went barefoot), kills the fattened calf for us and throws a party for us!
- Luke 15:20-24, “And he arose and came to his father. But when he was still a great way off, his father saw him and had compassion, and ran and fell on his neck and kissed him. And the Son said to him, ‘Father, I have sinned against heaven and in your sight, and am no longer worthy to be called your son.’” “But the father said to his servants, “Bring out the best robe and put it on him, and put a ring on his hand and sandals on his feet. And bring the fatted calf here and kill it, and let us eat and be merry; for this my son was dead and is alive again; he was lost and is found.’ And they began to be merry.”
- Zephaniah 3:17, “The LORD your God in your midst, the Mighty One, will save; He will rejoice over you with gladness, He will quiet you with His love, He will rejoice over you with singing.”

• **The Generous Father who gives us everything He has. He wants to spoil us!**

- Luke 15:31, “‘My son,’ the father said, ‘you are always with me, and everything I have is yours.’” Matthew 25:34, “Then the King will say to those on His right hand, “Come, you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world:”

• Our Father is Greater than All - It is settled.

- John 10:29, “My Father, who has given them to Me, is greater than all; and no one is able to snatch them out of My Father’s hand.”
- John 10:29, “My Father, who has given them to Me, is greater than all; and no one is able to snatch them out of My Father’s hand.”
- Abba Father, we are privileged to pray with the same language Jesus uses! Abba means Papa or Daddy!
- Romans 8:15-16, “For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, ‘Abba, Father.’ The Spirit Himself bears witness with our Spirit that we are children of God,”

• He is the Father who protects us.

- Romans 8:38-39, “For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord.”

• Holy Father

- He stands apart, utterly unique. No one compares to him. He embodies the ideal Father and much more, pure and without blemish. His greatness exceeds imagination, defies description, and transcends understanding in all aspects of his Being and actions!!
- John 17:11 (NIV), “I will remain in the world no longer, but they are still in the world, and I am coming to you. Holy Father, protect them by the power of your Name—the Name you gave me—so that they may be one as we are one.”

• Righteous Father

- Everything he does is right; he knows the right way to live and the Right things to do!
- John 17:25-26 (NIV), “Righteous Father, though the world does not know you, I know you, and they know that you have sent me. I have made you known to them, and will continue to make you known in order that the love you have for me may be in them and that I myself may be in them.”
- Zephaniah 3:17, “The LORD your God in your midst, the Mighty One, will save; He will rejoice over you with gladness, He will quiet you with His love, He will rejoice over you with singing.”

Truth about your Father in Heaven

1. I renounce the lie that You, Father God, are distant and uninterested in me. I choose to believe the truth that You, Father God, are always personally present with me, have plans to give me hope and a future, and have prepared works in advance specifically for me to do. (Psalm 139:1-18, Matthew 28:20, Jeremiah 29:11, Ephesians 2:10).
2. I renounce the lie that You, Father God, are insensitive and don't know me or care for me. I choose to believe the truth that You, Father God, are kind and compassionate and know everything about me (Psalm 103:8-14, 1 John 3:1-3, Hebrews 4:12-13).
3. I renounce the lie that You, Father God, are stern and have placed unrealistic expectations on me. I choose to believe the truth that You, Father God, have accepted me and are joyfully supportive of me (Romans 5:8-11, 15:17).
4. I renounce the lie that You, Father God, are passive and cold toward me. I choose to believe the truth that You, Father God, are warm and affectionate toward me. (Isaiah 40:11, Hosea 11:3-4).
5. I renounce the lie that you, Father God, are absent or too busy for me. I choose to believe the truth that You, Father God, are always present and eager to be with me and enable me to be all that You created me to be (Philippians 1:6, Hebrews 13:5).
6. I renounce the lie that You, Father God, are impatient or angry with me or have rejected me. I choose to believe the truth that You, Father God, are patient and slow to anger and that when You discipline me, it is proof of Your love, and not rejection (Exodus 34:6, Romans 2:4, Hebrews 12:5-11).
7. I renounce the lie that You, Father God, have been mean, cruel, or abusive to me. I choose to believe the truth that satan is mean, cruel and abusive, but you, Father God are loving, gentle, and protective. (Psalm 18:2, Matthew 11:28-30, Ephesians 6:10-18).
8. I renounce the lie that you, Father God, are denying me the pleasures of life. I choose to believe the truth that You, Father God, are the author of life and will lead me into love, joy, and peace when I choose to be filled with Your Spirit (Psalm 36:8, Lamentations 3:22-23, Galatians 5:22-24).
9. I renounce the lie that You, Father God, are trying to control or manipulate me. I choose to believe the truth that You, Father God, set me free and gave me the freedom to make choices and grow in Your grace (Galatians 5:1, Hebrews 4:15-16).
10. I renounce the lie that You, Father God, have condemned me and no longer forgive me. I choose to believe the truth that You, Father God, have forgiven all my sins and will never use them against me in the future (Jeremiah 31:31-34, Romans 8:1).
11. I renounce the lie that You, Father God, reject me when I fail to live a perfect or sinless life. I choose to believe the truth that You, Father God, are patient toward me and cleanse me when I fail (Proverbs 24:16, 1 John 1:7-2:2).

I AM THE APPLE OF YOUR EYE (Deuteronomy 32:9-10).

General Promises

Romans 8:32 (ESV), “He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things?”

•• ————— ••

Philippians 4:19 (ESV), “And my God will supply every need of yours according to his riches in glory in Christ Jesus.”

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Eph. 1:3, “Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places.”

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Cor. 9:8, “And God is able to make all grace abound to you, so that having all sufficiency in all things at all times, you may abound in every good work.”

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Psalms 23:6 (ESV), “Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the LORD forever.”

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Psalms 84:11 (ESV), “For the LORD God is a sun and shield; the LORD bestows favor and honor. No good thing does he withhold from those who walk uprightly.”

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Jeremiah 29:11 (ESV), “For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope.”

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Luke 12:32 (ESV), “Fear not, little flock, for it is your Father’s good pleasure to give you the kingdom.”

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Isaiah 41:10 (ESV), “Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.”

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Isaiah 54:17 (ESV) says, “No weapon that is fashioned against you shall succeed.”

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Psalms 91:1, 14-16, “He who dwells in the shelter of the Most High will abide in the shadow of the Almighty. Because you hold fast to me in love, I will deliver you, I will protect you, because you know my Name, when you call to me, I will answer you, I will be with you in trouble, I will rescue you and honor you, with long life will I satisfy you, and show you my salvation.”

Deuteronomy 1:30, "The Lord your God who goes before you will himself fight for you!" Psalm 34:19, "Many are the afflictions of the righteous, but the Lord delivers him out of them all!"

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Romans 8:28, "And we know that for those who love God, all things work together for good, for those who are called according to his purpose."

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1 Corinthians 10:13 (ESV), "No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation, he will also provide the way of escape, that you may be able to endure it."

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Romans 8:31 (ESV), "What then shall we say to these things? If God is for us, who can be against us?"

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Isaiah 46:4 (ESV), "Even to your old age I am he, and to gray hairs, I will carry you. I have made, and I will bear; I will carry and will save."

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Romans 14:7-9 (ESV), “For none of us lives to himself, and none of us dies to himself. For if we live, we live to the Lord, and if we die, we die to the Lord. So then, whether we live or whether we die, we are the Lord’s. For to this end Christ died and lived again, that he might be Lord both of the dead and of the living.”

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Ephesians 4:22-24, “You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.”

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Colossians 3:9-10, “Do not lie to one another, seeing that you have put off the old self with its practices and have put on the new self, which is being renewed in knowledge after the image of its creator.”

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Romans 14:7-9 (ESV), “For none of us lives to himself, and none of us dies to himself. For if we live, we live to the Lord, and if we die, we die to the Lord. So then, whether we live or whether we die, we are the Lord’s. For to this end Christ died and lived again, that he might be Lord both of the dead and of the living.”

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Colossians 3:9-10, “Do not lie to one another, seeing that you have put off the old self with its practices and have put on the new self, which is being renewed in knowledge after the image of its creator.”

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Colossians 3:12, 14, “Put on then, as God’s chosen ones, holy and beloved, compassion, kindness, humility, meekness, and patience... And above all this put-on love, which binds everything together in perfect harmony.”

Romans 13:12, 14, “The night is far gone; the day is at hand. So then let us cast off the works of darkness and put on the armor of light... But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.”

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Romans 6:11, “So you also must consider yourselves dead to sin and alive to God in Christ Jesus.”

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Galatians 2:20, “I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.”

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Romans 6:6 (ESV), “We know that our old self was crucified with him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin.”

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Romans 8:13 (ESV), “For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body (soma), you will live.”

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Romans 6:12–14 (ESV), “Let not sin therefore reign in your mortal body, to make you obey its passions. 13 Do not present your members to sin as instruments for unrighteousness, but present yourselves to God as those who have been brought from death to life, and your members to God as instruments for righteousness. 14 For sin will have no dominion over you, since you are not under law but under grace.”

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Corinthians 10:3–5 (ESV), “For though we walk in the flesh, we are not waging war according to the flesh. 4 For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. 5 We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ,”

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Romans 12:1–2 (ESV), “I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. 2 Do not be conformed to this world, but be transformed by the renewal of your mind,”

Anxiety/Worry and Stress:

Peter 5:7 (ESV), “casting all your anxieties on him, because he cares for you.” **Psalm 56:3 (ESV)**, “When I am afraid, I put my trust in you.”

Matthew 6:30-32 (ESV), “But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith? Therefore, do not be anxious, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the Gentiles seek after all these things, and your heavenly Father knows that you need them all.”

Lamentations 3:22-23 (ESV), “The steadfast love of the LORD never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness.”

Corinthians 12:9 (ESV), “But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore, I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me.”

Psalm 32:8 (ESV), “I will instruct you and teach you in the way you should go; I will counsel you with my eye upon you.”

Anxiety about assurance of salvation or lack of conformity to Christ

Philippians 1:6 (ESV), “And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.”

Thessalonians 5:23-24 (ESV), “Now may the God of Peace himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ. He who calls you is faithful; he will surely do it.”

Anxious about ministry being useless or empty:

Isaiah 55:11 (ESV), “So shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and shall succeed in the thing for which I sent it.”

Anxious about weakness (physical, spiritual, mental, emotional)

Corinthians 12:9 (ESV), “But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore, I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me.”

Anxious about critical decisions to make

Psalms 32:8 (ESV), “I will instruct you and teach you in the way you should go; I will counsel you with my eye upon you.

Anxious about-facing opponents

Romans 8:31 (ESV), “What then shall we say to these things? If God is for us, who can be against us?”

Deuteronomy 1:30 (ESV), “The LORD your God who goes before you will himself fight for you,”

Anxious about the welfare of those I love

Matthew 7:11, “If I being evil know how to give good gifts to my children, how much more will, “Your Father in heaven give good things to those who ask him!”

Anxious about being sick

Psalms 34:19 (ESV), “Many are the afflictions of the righteous, but the LORD delivers him out of them all.”

Anxiety about getting old and dying

Isaiah 46:4 (ESV), “Even to your old age I am he, and to gray hairs, I will carry you. I have made, and I will bear; I will carry and will save.”

Deuteronomy 1:30 (ESV), “The LORD your God who goes before you will himself fight for you,”

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Isaiah 46:4 (ESV), “Even to your old age I am he, and to gray hairs, I will carry you. I have made, and I will bear; I will carry and will save.”

Romans 14:7-9 (ESV), “For none of us lives to himself, and none of us dies to himself. 8 For if we live, we live to the Lord, and if we die, we die to the Lord. So then, whether we live or whether we die, we are the Lord’s. 9 For to this end Christ died and lived again, that he might be Lord both of the dead and of the living.”

Anxiety about assurance of salvation or lack of conformity to Christ

Philippians 1:6 (ESV), “And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.”

1 Thessalonians 5:23-24 (ESV), “Now may the God of Peace himself sanctify you completely, and may your whole Spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ. He who calls you is faithful; he will surely do it.”

Jude 24-25 (ESV), “Now to him who is able to keep you from stumbling and to present you blameless before the Presence of his Glory with great joy, 25 to the only God, our Savior, through Jesus Christ our Lord, be Glory, majesty, dominion, and authority, before all time and now and forever. Amen.”

Pride:

C.J. Mahaney writes, “Pride is our greatest enemy, and humility is our greatest friend. Pride is when sinful human beings aspire to the status and position of God and refuse to acknowledge their dependence on him.”

Pride is turning away from God to take satisfaction in self.

James 4:6 (ESV), “But he gives more grace. Therefore, it says, “God opposes the proud, but gives grace to the humble.”

Proverbs 16:18-19 (ESV), “Pride goes before destruction, and a haughty spirit before a fall. It is better to be of a lowly spirit with the poor than to divide the spoil with the proud.”

Proverbs 8:13 (ESV), “The fear of the LORD is hatred of evil. Pride and arrogance and the way of evil and perverted speech I hate.”

James 4:10 (ESV), “Humble yourselves before the Lord, and he will exalt you.”

Isaiah 66:2 (ESV), “All these things my hand has made, and so all these things came to be, declares the LORD. But this is the one to whom I will look: he who is humble and contrite in Spirit and trembles at my Word.”

Chronicles 7:14 (ESV), “If my people who are called by my name humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.”

John 15:5 (ESV), “I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.”

Hebrews 13:20-21 (ESV), “Now may the God of Peace who brought again from the dead our Lord Jesus, the great shepherd of the sheep, by the blood of the eternal covenant, 21 equip you with everything good that you may do his will, working in us that which is pleasing in his sight, through Jesus Christ, to whom be Glory forever and ever. Amen.”

Philippians 2:3-10 (ESV), “Do nothing from rivalry or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests but also to the interests of others. Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but made himself nothing, taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. Therefore, God has highly exalted him and bestowed on him the Name that is above every Name, so that at the Name of Jesus every knee should bow, in heaven and on earth and under the earth,”

Jeremiah 9:23-24 (ESV), “Thus says the LORD: “Let not the wise man boast in his wisdom, let not the mighty man boast in his might, let not the rich man boast in his riches, but let him who boasts boast in this, that he understands and knows me, that I am the LORD who practices steadfast love, justice, and righteousness in the earth. For in these things I delight, declares the LORD.”

Impatience:

James 5:7-11 (ESV), “Be patient, therefore, brothers, until the coming of the Lord. See how the farmer waits for the precious fruit of the earth, being patient about it, until it receives the early and the late rains. You also, be patient. Establish your hearts, for the coming of the Lord is at hand. Do not grumble against one another, brothers, so that you may not be judged; behold, the judge is standing at the door. As an example of suffering and patience, brothers, take the prophets who spoke in the Name of the Lord. Behold, we consider those blessed who remained steadfast. You have heard of the steadfastness of Job, and you have seen the purpose of the Lord, how the Lord is compassionate and merciful.”

Lamentations 3:25 (ESV), “The LORD is good to those who wait for him, to the soul who seeks him.”

Proverbs 16:18-19 (ESV), “Pride goes before destruction, and a haughty spirit before a fall. It is better to be of a lowly spirit with the poor than to divide the spoil with the proud.”

Proverbs 8:13 (ESV), “The fear of the LORD is hatred of evil. Pride and arrogance and the way of evil and perverted speech I hate.”

Romans 8:35-37 (ESV), “Who shall separate us from the love of Christ? Shall tribulation, distress, or persecution, or famine, or nakedness, or danger, or sword? As it is written, “For your sake we are being killed all day long; we are regarded as sheep to be slaughtered.” No, in all these things we are more than conquerors through him who loved us.”

Isaiah 64:4 (ESV), “From of old no one has heard or perceived by the ear, no eye has seen a God besides you, who acts for those who wait for him.”

Hebrews 6:12 (ESV) says, “But be imitators of those who through faith and patience inherit the promises.”

Psalms 130:5 (ESV), “I wait for the LORD, my soul waits, and in his word, I hope;”

Jeremiah 29:11 (ESV), “For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope.”

Covetousness/Jealousy/Envy

Def. Covetousness is desiring something so much that you lose your contentment in God. Covetous is seeking to find satisfaction in things.

Philippians 4:11-13 (ESV), “Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. I can do all things through him who strengthens me.”

1 Timothy 6:6 (ESV), “Now there is great gain in godliness with contentment,”

Hebrews 13:5-6 (ESV), “Keep your life free from love of money, and be content with what you have, for he has said, “I will never leave you nor forsake you.” So we can confidently say, “The Lord is my helper; I will not fear; what can man do to me?”

Luke 12:15 (ESV), “And he said to them, “Take care, and be on your guard against all covetousness, for one’s life does not consist in the abundance of his possessions.”

Ecclesiastes 5:10 (ESV), “He who loves money will not be satisfied with money, nor he who loves wealth with his income; this also is vanity.”

Psalm 119:36 (ESV), “Incline my heart to your testimonies, and not to selfish gain!”

James 3:16 (ESV), “For where jealousy and selfish ambition exist, there will be disorder and every vile practice.”

Bitterness and Unforgiveness

Bitterness is seeking to find satisfaction in revenge. The more you rejoice in your own forgiveness, the quicker you will be able to forgive others!

“The promise that frees us from an unforgiving, bitter, vengeful spirit is the promise that God will settle our accounts.” —John Piper.

Ephesians 4:30-32 (ESV), “And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.”

Hebrews 12:14-15 (ESV), “Strive for peace with everyone, and for the holiness without which no one will see the Lord. See to it that no one fails to obtain the grace of God; that no “root of bitterness” springs up and causes trouble, and by it many become defiled.”

Matthew 6:14-15 (NIV), “For if you forgive men when they sin against you, your heavenly Father will also forgive you. 15 But if you do not forgive men their sins, your Father will not forgive your sins.”

Romans 12:19 (NIV), “Do not take revenge, my friends, but leave room for God’s wrath, for it is written: “It is mine to avenge; I will repay,” says the Lord.

Speech/Judgement/Gossip

James 3:8-12 (ESV), “but no human being can tame the tongue. It is a restless evil, full of deadly poison. With it we bless our Lord and Father, and with it we curse people who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers, these things ought not to be so. “Does a spring pour forth from the same opening both fresh and salt water? Can a fig tree, my brothers, bear olives, or a grapevine produce figs? Neither can a salt pond yield fresh water.”

Luke 12:15 (ESV), “And he said to them, “Take care, and be on your guard against all covetousness, for one’s life does not consist in the abundance of his possessions.”

Matthew 12:36-37 (ESV), “I tell you, on the day of judgment people will give account for every careless word they speak, 37 for by your words you will be justified, and by your words, you will be condemned.”

Ephesians 4:29 (ESV), “Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear.”

Proverbs 18:21 (ESV), “Death and life are in the power of the tongue, and those who love it will eat its fruits.”

Proverbs 15:1 (ESV), “A soft answer turns away wrath, but a harsh word stirs up anger.”

Proverbs 16:24 (ESV), “Gracious words are like a honeycomb, sweetness to the soul and health to the body.”

Ecclesiastes 5:10 (ESV), “He who loves money will not be satisfied with money, nor he who loves wealth with his income; this also is vanity.”

Psalms 119:36 (ESV), “Incline my heart to your testimonies, and not to selfish gain!”

James 3:16 (ESV), “For where jealousy and selfish ambition exist, there will be disorder and every vile practice.”

Lust

Matthew 5:28-29 (ESV), “But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart. 29 If your right eye causes you to sin, tear it out and throw it away. For it is better that you lose one of your members than that your whole body be thrown into Hell.”

1 Peter 2:11 (ESV), “Beloved, I urge you as sojourners and exiles to abstain from the passions of the flesh, which wage war against your soul.”

Job 31:1 (NIV), “I made a covenant with my eyes not to look lustfully at a girl.”

Matthew 5:8 (NIV), “Blessed are the pure in heart, for they will see God.”

Hebrews 12:14 (NIV) says, “Without holiness, no one will see the Lord.”

1 Thessalonians 4:1–5 (ESV), “For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control his own body in Holiness and honor, not in the passion of lust like the Gentiles who do not know God;

Leviticus 18:17 (ESV), “You shall not uncover the nakedness of a woman and of her daughter,”

Proverbs 5:18-19 (NIV), “May your fountain be blessed, and may you rejoice in the wife of your youth. A loving doe, a graceful deer— may her breasts satisfy you always, may you ever be captivated by her love.”

Psalms 16:11, “You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forever more.”

1 Cor. 6:13b-20, “The body is not meant for sexual immorality, but for the Lord, and the Lord for the body...And God raised the Lord and will also raise us up by his power. Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a prostitute? Never! Or do you not know that he who is joined to a prostitute becomes one body with her? For, as it is written, ‘the two will become one flesh.’ But he who is joined to the Lord becomes one Spirit with him. Flee from sexual immorality.”

Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So, glorify God in your body.”

Fear and Insecurity

John 14:1-2 (NIV), “Do not let your hearts be troubled. Trust in God; trust also in me. In my Father’s house are many rooms; if it were not so, I would have told you. I am going there to prepare a place for you.”

John 14:27 (NIV), “Peace I leave with you; my Peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not be afraid.”

Psalm 27:1 (NIV), “The LORD is my light and my salvation— whom shall, I fear? The LORD is the stronghold of my life — of whom shall I be afraid?”

Psalm 91:1 (NIV), “He who dwells in the shelter of the Highest will rest in the shadow of the Almighty.”

Psalm 91:7-10 (NIV), “A thousand may fall at your side, ten thousand at your right hand, but it will not come near you. You will only observe with your eyes and see the punishment of the wicked. If you make the Most High your dwelling — even the LORD, who is my refuge — then no harm will befall you, no disaster will come near your tent.”

Matthew 10:28 (NIV), “Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the One who can destroy both soul and body in Hell.

Psalm 18:1-3 (NIV), “I love you, O LORD, my strength. The LORD is my rock, my fortress, and my deliverer; my God is my rock, in whom I take refuge. He is my shield and the horn of my salvation, my stronghold. I call to the LORD, who is worthy of praise, and I am saved from my enemies.”

Psalm 46:1-2 (NIV), “God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear,”

Joshua 1:9 (NIV), “Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go.”

Revelation 1:17-18 (NIV), “Then he placed his right hand on me and said: “Do not be afraid. I am the First and the Last. I am the Living One; I was dead, and behold I am alive for ever and ever! And I hold the keys of death and Hades.”

Disappointment/Despondency/Discouragement/Depression

Psalm 73:26 (NIV), “My flesh and my heart may fail, but God is the strength of my heart and my portion forever.”

Matthew 11:28-29 (NIV), “Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.”

Isaiah 61:3 (NIV), “and provide for those who grieve in Zion— to bestow on them a crown of beauty instead of ashes, the oil of gladness instead of mourning, and a garment of praise instead of a spirit of despair. They will be called oaks of righteousness, a planting of the LORD for the display of his splendor.”

Isaiah 40:29-31 (NIV), “He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary; they will walk and not be faint.”

Psalms 139:11-12 (NIV), “If I say, “Surely the darkness will hide me and the light become night around me,” even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you.”

Psalms 42:1-5 (NIV), “As the deer pants for streams of water, so my soul pants for you, O God. My soul thirsts for God, for the living God. When can I go and meet with God? My tears have been my food day and night, while men say to me all day long, “Where is your God?” These things I remember as I pour out my soul: how I used to go with the multitude, leading the procession to the house of God, with shouts of joy and thanksgiving among the festive throng. Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God!”

Psalms 30:5 (NIV), “For his anger lasts only a moment, but his favor lasts a lifetime; weeping may remain for a night, but rejoicing comes in the morning.”

Psalms 23 (NIV), “The LORD is my shepherd, I shall not be in want. He makes me lie down in green pastures, he leads me beside quiet waters, he restores my soul. He guides me in paths of righteousness for His Name’s sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the Presence of my enemies. You anoint my head with oil; my cup overflows. Surely goodness and love will follow me all the days of my life.”

Meditating on the Cross of Christ:

A. Luke 22:14-20 (ESV)

“And when the hour came, he reclined at table, and the apostles with him. And he said to them, “I have earnestly desired to eat this Passover with you before I suffer. For I tell you, I will not eat it until it is fulfilled in the Kingdom of God.” And he took a cup, and when he had given thanks he said, “Take this, and divide it among yourselves. For I tell you that from now on, I will not drink of the fruit of the vine until the Kingdom of God comes.” And he took bread, and when he had given thanks, he broke it and gave it to them, saying, “This is my body, which is given for you. Do this in remembrance of me.” And likewise, the cup after they had eaten, saying, “This cup that is poured out for you is the new covenant in my blood.”

B. Isaiah 53:3-7 (ESV)

“He was despised and rejected by men; a man of sorrows and acquainted with grief; and as one from whom men hide their faces he was despised, and we esteemed him not.”

“Surely, he has borne our griefs and carried our sorrows; yet we esteemed him stricken, smitten by God, and afflicted.”

“But he was wounded for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us Peace, and with his stripes we are healed.”

“All we like sheep have gone astray; we have turned everyone to his own way; and the LORD has laid on him the iniquity of us all.”

“He was oppressed, and he was afflicted, yet he opened not his mouth; like a lamb that is led to the slaughter, and like a sheep that before its shearers is silent, so he opened not his mouth. Yet it was the will of the LORD to crush him; he has put him to grief; when his soul makes an offering for sin,” Therefore I will divide him a portion with the many, and he shall divide the spoil with the strong, because he poured out his soul to death and was numbered with the transgressors; yet he bore the sin of many, and makes intercession for the transgressors.”

C. Psalm 22:1 (ESV)

“My God, my God, why have you forsaken me? Why are you so far from saving me, from the words of my groaning?”

“But I am a worm and not a man, scorned by mankind and despised by the people. All who see me mock me; they make mouths at me; they wag their heads; “He trusts in the LORD; let him deliver him; let him rescue him, for he delights in him!”










“I am poured out like water, and all my bones are out of joint; my heart is like wax; it is melted within my breast; my strength is dried up like a potsherd, and my tongue sticks to my jaws; you lay me in the dust of death. For dogs encompass me; a company of evildoers encircles me; they have pierced my hands and feet— I can count all my bones— they stare and gloat over me; they divide my garments among them, and for my clothing they cast lots.”

D. The Glory of the Lamb

Imagine the Highest stoops to become the lowest, the Greatest becomes the least, the King becomes a criminal! The Lord of all because the servant of all, The Creator becomes the Crucified, the Powerful one becomes the Pierced One

Revelation 5:6 (ESV), “And between the throne and the four living creatures and among the elders I saw a Lamb standing, as though it had been slain,”

E. Cross Meditation

-  Roman Scouring-39 stripes
-  Crown of Thorns and Purple Robe ripped from his flesh
-  Beard was ripped out, Isa. 50:6
-  Nakedness, Shame, Mocking, Beating, Spitting
-  Carrying His Cruel Cross, smells, dust, heat
-  Physical Exhaustion (no sleep), Thirst and Dehydration
-  Demonic Attack and Temptation
-  Loneliness, everyone left him, including His Father (last 3 hours) Pierced
-  Hands and Feet

F. Cries from the Cross

A Cry of Pardon: Luke 23:34 (ESV), “And Jesus said, “Father, forgive them, for they know not what they do.” And they cast lots to divide his garments.”

A Cry of Assurance: Luke 23:43 (ESV), “And he said to him, “Truly, I say to you, today you will be with me in Paradise.”

A Cry of Compassion: John 19:26-27 (ESV), “When Jesus saw his mother and the disciple whom he loved standing nearby, he said to his mother, “Woman, behold, your son!” Then he said to the disciple, “Behold, your mother!” And from that hour, the disciple took her to his own home.” Why have you forsaken me?”

A Cry of Anguish: Matthew 27:46 (ESV), “And about the ninth hour Jesus cried out with a loud voice, saying, “Eli, Eli, lema sabachthani?” that is, “My God, my God, why have you forsaken me?”

A Cry of Suffering: John 19:28 (ESV), “After this, Jesus, knowing that all was now finished, said (to fulfill the Scripture), “I thirst.”

A Cry of Victory: John 19:30 (ESV), “When Jesus had received the sour wine, he said, “It is finished,” and he bowed his head and gave up his Spirit.

A Cry of Submission: Luke 23:46 (ESV), “Then Jesus, calling out with a loud voice, said, “Father, into your hands I commit my spirit!” And having said this, he breathed his last.

Taking on sin on our behalf

Corinthians 5:21 (ESV), “For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.” Taking on our griefs, sorrows, pain, abuse, etc.

Taking on our wrath and death

Luke 22:42 (ESV), “saying, “Father, if you are willing, remove this cup from me. Nevertheless, not my will, but yours, be done.”

Jeremiah 25:15 (ESV), “Thus the LORD, the God of Israel, said to me: “Take from my hand this cup of the wine of wrath, and make all the nations to whom I send you drink it.

1 John 4:10 (ESV), “In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins.

He took the flames of Hell in our place: His wrath was averted and placed on Jesus Christ as our substitute, satisfying the Father’s demands.

Pierced Side, blood, and water (Spirit) flowed out.

John 19:33-37 (ESV), “But when they came to Jesus and saw that he was already dead, they did not break his legs. But one of the soldiers pierced his side with a spear, and at once, there came out blood and water. He who saw it has borne witness— his testimony is true, and he knows that he is telling the truth— that you also may believe. For these things took place that the Scripture might be fulfilled: “Not one of his bones will be broken.” And again, another Scripture says, “They will look on him whom they have pierced.”.

Blood of the Lamb

400 references to blood, 1300 references to the atonement



He sweated drops of blood in garden



He bled from being repeatedly hit and having His beard ripped out



He bled internally (bruised)



He bled from the scourging



He bled from a crown of thorns crushed into his head



He bled from nails driven through his hands and feet



He bled from a Roman spear piercing his side

Deliverance in the Blood of the Lamb

• **We have protection under the covering of the blood.**

Exodus 12:13 (ESV), “The blood shall be a sign for you, on the houses where you are. And when I see the blood, I will pass over you, and no plague will befall you to destroy you, when I strike the land of Egypt.

• **We have salvation, forgiveness, and redemption in the blood.**

Hebrews 9:22 (ESV), “Indeed, under the law almost everything is purified with blood, and without the shedding of blood there is no forgiveness of sins.”

Ephesians 1:7 (NIV), “In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God’s grace.”

- **There is life, healing, and provision in the blood.**

Isaiah 53:5 (NIV), “But he was pierced for our transgressions he was crushed for our iniquities; the punishment that brought us peace was upon him, and by his wounds we are healed.”

Psalms 105:37 (NKJV), “He also brought them out with silver and gold, and there was none feeble (sick) among His tribes.”

- **There is justification in the blood of Jesus.**

Romans 5:9 (NKJV), “Much more then, having now been justified by His blood, we shall be saved from wrath through Him.”

- **There is sanctification in the blood of Jesus.**

Hebrews 13:12 (NKJV), “Therefore Jesus also, that He might sanctify the people with His own blood, suffered outside the gate.”

- **There is Peace under the covering of the blood.**

Colossians 1:19-20 (NKJV), “For it pleased the Father that in Him all the fullness should dwell, and by Him to reconcile all things to Himself, by Him, whether things on earth or things in heaven, having made peace through the blood of His cross.”

- **There is washing in the blood.**

Revelation 1:5 (NKJV), “To Him who loved us and washed us from our sins in His own blood,”

- **There is overcoming in the power of the blood of the Lamb.**

Revelation 12:11 (NKJV), “And they overcame him by the blood of the Lamb and by the word of their testimony, and they did not love their lives to the death.”

- **There is accessibility in the blood, allowing us into the Presence of God.**

Hebrews 10:19 (NKJV), “Therefore, brethren, having boldness to enter the Holiest by the blood of Jesus,”

Let's Declare by faith these promises.

Through the Blood of Jesus, we are redeemed out of the hand of the devil. Through the Blood of Jesus, all our sins are forgiven. Through the Blood of Jesus, we are justified, made righteous - Through the Blood of Jesus, we are sanctified, made holy, set apart to God. Our bodies are temples of the Holy Spirit, redeemed, cleansed, justified, and sanctified. Through the Blood of Jesus, every curse for disobedience is broken. Through the Blood of Jesus, every blessing of obedience is ours. Through the Blood of Jesus, the way to perpetual communion with the Father has been opened, and no man can shut it. Through the Blood of Jesus, we are heirs and possessors of all the riches of our Father's eternal Kingdom. The Blood of Jesus speaks for us today from the mercy seat of God's throne in Heaven. Therefore, the devil has no place in us, no power over us, and no unsettled claims against us. We overcome the world, the flesh, and the devil through the Blood of Jesus!

G. Exalted Lamb of Glory - Sandy Kirk

Jesus went from wearing a cruel crown of thorns to wearing a golden crown of Glory, from Robes dipped in blood to a Kingly Robe of Splendor, from a mock scepter in his hand to a scepter of authority from the insults of men to the worship of angels, from the filth of sin to the beauty of Holiness...

See his head and hair, once soaked in blood, now dazzling white as snow...See the One whose eyes stung and dripped blood, tears of sorrow, now Blazing Like Fire, like Flames of torches; see the Face, once swollen and raw from patches of His beard torn out, Now his shines shining brighter than the Sun in all its brilliance...See his body, once stripped naked, Now clothed in Eternal majesty...see his hands pierced, now bleeding infinite splendor, feet once spiked to a stake of timber, now gleaming like burnished bronze... his side once pierced and now Hear HIM SAY, "This Wound in my Heart is for YOU! Every Wound Bleeds Glory! Glory that flows from Him, and through Him, and Back to Him. From Victim to Victor, From worm to Warrior, From humiliation to glorification, from tortured to Triumphant. From degradation to exaltation, From a lowly bleeding Lamb to a glorified Lion Lamb!

He's the One from Whom Glory flows; He's the Central Sun in the universe; he's the Dazzling One, the Outstanding

One, He's the Chandelier of Heaven and the Well Spring of Eternity, the fountainhead of all Glory!

Taking Communion as a Family or Small Group:

1 Corinthians 11:23–25 (ESV), “For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, and when he had given thanks, he broke it, and said, “This is my body, which is for you. Do this in remembrance of me.” In the same way, he also took the cup after supper, saying, “This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.”

Communion is a time for remembering all Jesus did for us on the cross. The bread represents Christ’s body broken for us so that we can be whole. The drink represents his blood shed for us for the forgiveness of our sins so we can be washed clean.

Instructions: Individually or as a family, ask God to forgive any unconfessed sins. Include a prayer like this: “Dear Heavenly Father, we are so sorry for what we have done and said that displease You. We ask for and receive your forgiveness now – so we can walk in your ways, for your Glory!”

Read aloud 1 Corinthians 11:23-25. Then, as everyone partakes of the bread, repeat, “This is Christ’s body broken for you,” as you drink the wine or juice, “This is Christ’s blood shed for you.”

“**Lord Jesus, it is a privilege for our family to come into your presence and receive communion in remembrance of your sacrifice. Thank you for dying on the cross and paying the price for our sins so we may be forgiven and receive your abundant life.**”

Prayer Walking Guide:

“And take the sword of the Spirit, which is the word of God, praying at all times in the Spirit, with all types of prayers and requests” (Eph. 6:17b- 18a).

“Be sure God is addressed, and people are blessed” - Steve Hawthorne.

PRAYER WALKING is simply praying on-site with insight (observation) and inspiration (revelation). It is a form of visible, verbal, and mobile prayer. Its usefulness is two-fold: to gain spiritual insight and to release the power of God’s Word and Spirit in specific places and for particular people.

“Prayer walking is an affair of vision. Physical sight boosts spiritual vision to sense God’s future for a city. We walk to see. We see to pray more powerfully. As the Spirit leads, we pray on sight with insight.” Prayer Walking, Steve Hawthorne, and Graham Kendrick

General Principles:

1. Praying on sight helps us discern God’s will in prayer. (I John 5:14-15)

- He releases his power in response to our prayers as we pray according to his will and for his renown.

Note: As we combine worship and praise with prayer, God inhabits our praise and is enthroned as King in that region. Ps. 22:3

2. Praying on sight helps us discern spiritual strongholds more clearly (Matthew 18:18-20, Luke 10:19, Ephesians 6:10-18, James 4:7).

- As we discern spiritual strongholds in a particular region, we exercise our delegated authority ‘in the Name of Jesus’, binding, resisting, restraining, renouncing, and rebuking the enemy through our weapons of warfare – wielding God’s Word and praying in the Spirit.

3. Praying on sight, we verbally and visibly demonstrate Ephesians 3:10, “so that through the church the manifold wisdom of God might now be made known to the rulers and authorities in the heavenly places.”

Note: Such effective prayer actions onsite need follow-up in evangelism, church planting, and discipleship; otherwise, the enemy can reclaim the territory (12:43-45).

4. Praying on sight is always in partnership with local believers called to proclaim, demonstrate, and steward God's Kingdom in a particular region. In areas with no gospel access or believers present, partnering with missionaries called to evangelism and church planting in this region.

KEY FOCUS(es)

- WALKING in pairs or triplets to be more discreet. Small groups allow more people to pray.
- WORSHIPING through extolling God's names and nature.
- WATCHING for outward clues (data from places and faces) and inward cues (discernment from the Lord).

HEART PREPARATION

- COMMIT your walk to the Lord, and ask the Spirit to guide you.
- COVER yourselves with divine protection (Ps. 91).
- CONNECT with the Holy Spirit (Ro. 8:26, 27).

DURING YOUR PRAYER WALK

- MIX and MINGLE conversation with praise and praying.
- EXTOL and BLESS the Lord when you begin and throughout your walk.
- PRAY SCRIPTURE to unite and focus your prayers on God's purpose.
- ASK the Holy Spirit to direct your steps.
- WALK the streets and cover the ground in prayer.
- ENTER and PRAY through public buildings with care.
- LINGER and LISTEN to God's Spirit.

Verses to Pray during seasons of suffering:

John 16:33, “I have said these things to you, that in me you may have Peace. In the world, you will have tribulation. But take heart; I have overcome the world.”

Revelation 21:4 (ESV), “He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away.”

1 Peter 5:10 (ESV), “And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you.”

Matthew 11:28–29 (ESV), “Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.”

Romans 8:28 (ESV), “And we know that for those who love God, all things work together for good, for those who are called according to his purpose.”

1 Peter 5:7 (ESV), “cast all your anxieties on him, because he cares for you.”

Psalms 34:19 (ESV), “Many are the afflictions of the righteous, but the LORD delivers him out of them all”

Genesis 50:20, “As for you, you meant evil against me, but God meant it for good in order to bring about this present result, to preserve many people alive.”

Isaiah 43:2, “When you pass through the waters, I will be with you; And through the rivers, they will not overflow you. When you walk through the fire, you will not be scorched, Nor will the flame burn you.”

Isaiah 41:10 (ESV), “Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.”

2 Corinthians 4:17 (ESV), “For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison.”

James 1:2–4 (ESV), “Count it all joy, my brothers, when you meet trials of various kinds, 3 for you know that the testing of your faith produces steadfastness. 4 And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing.”

2 Corinthians 1:3–4 (ESV), “Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, 4 who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God.”

2 Corinthians 12:8–10 (ESV), “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. 10 For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.”

Romans 8:35-39, “Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword? As it is written, “For your sake we are being killed all the day long; we are regarded as sheep to be slaughtered.” No, in all these things, we are more than conquerors through him who loved us. For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.”

1 Peter 4:12–13 (ESV), “Beloved, do not be surprised at the fiery trial when it comes upon you to test you, as though something strange were happening to you. But rejoice insofar as you share Christ’s sufferings, that you may also rejoice and be glad when his glory is revealed.”

1 Peter 1:6–7 (ESV), “In this you rejoice, though now for a little while, if necessary, you have been grieved by various trials, so that the tested genuineness of your faith—more precious than gold that perishes though it is tested by fire—may be found to result in praise and glory and honor at the revelation of Jesus Christ.”

Romans 5:3–4 (ESV), “Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope,

2 Corinthians 4:8–10 (ESV), “We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies.”

Prayer Wheel

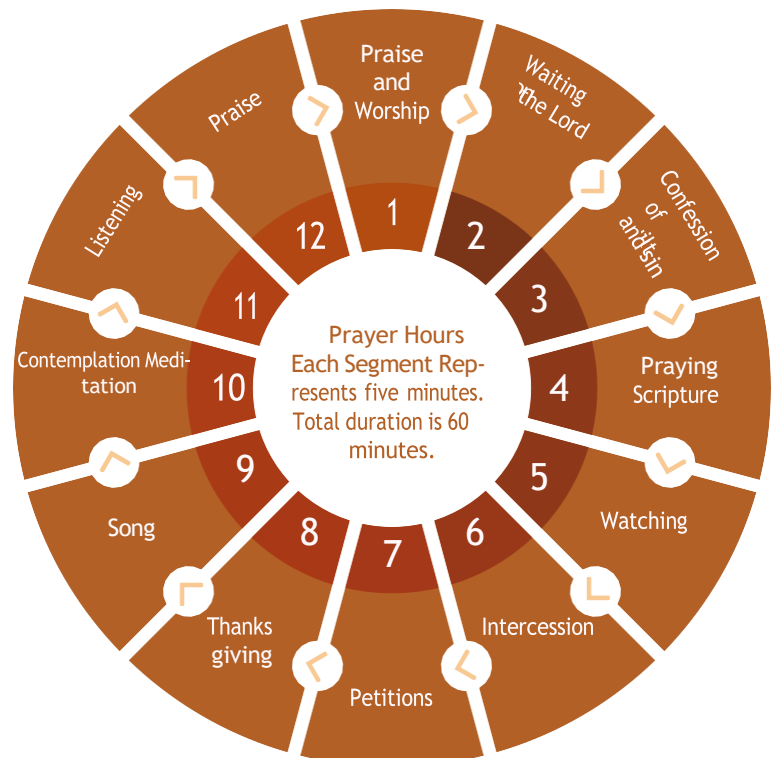
– Praying 1Hr – Dick Eastman

Appendix 1 The Hour that Changes the World - Dick Eastman
THE HOUR THAT CHANGES THE WORLD

THE HOUR THAT CHANGES THE WORLD

In his book, *The Hour that Changes the World*, Dick Eastman suggests that one divides an hour into 12 periods of 5 minutes each. After 5 minutes, you change to another form of prayer. The following is Dick Eastman's grouping.

1. *Praise and Worship*
2. *Waiting on the Lord*
3. *Confession*
4. *Pray the Word*
5. *Watching*
6. *Intercession*
7. *Petitions*
8. *Thanksgiving*
9. *Song*
10. *Meditation*
11. *Listening*
12. *Praise*



1. Praise and Worship is an expression of admiration and devotion to God.

Psa 115:1, “Not to us, O LORD, not to us but to your Name be the Glory, because of your love and faithfulness.”

- Worship God for who He is: the One who created you – for His unfailing Word – for your salvation – that you are included in His purpose...
- It is to exalt and honor God.
- It is to acknowledge God for who He is, exalt God with your words, your whole Being, and your attitude in prayer.
- Worship Him for His Name. His righteousness, love, Holiness, omnipotence, greatness, faithfulness, omnipresence, His Word, His Creation, His work of redemption, etc. You may want to choose a different theme for each period of praise and worship. Expand on this theme as much as possible, meditate on it, and ponder on the practical implications for your life and the lives of other people.

2. Waiting on the Lord is an act of surrender to and of love and admiration for God (often wordless worship)

Ps. 46:11: “Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.”

- This is a time of silence before God.
- Where I spiritually close the door to any influence from the world.
- Where I enter into His Presence by an act of faith.
- It is a time to worship and praise God for who He is.
- During this period of silence, we tune in to God Himself, direct our whole Being to Him, and commit ourselves to Him anew. We rejoice in and over His Presence.
- This is a time of deep personal and intimate communication between God and ourselves; I am the limited and finite Being coming into the Presence of God as the unlimited and infinite Being.
- We make sure at this point that we are in contact with God. This time of waiting on the Lord cannot be hurried; there is no place for impatience and haste during this time.
- During this time, you think of nothing but God the Father, His Son Jesus your Redeemer, and the Holy Spirit.
- You need not express your thoughts in words. Concentrate on your relationship with the Lord and your love for Him.

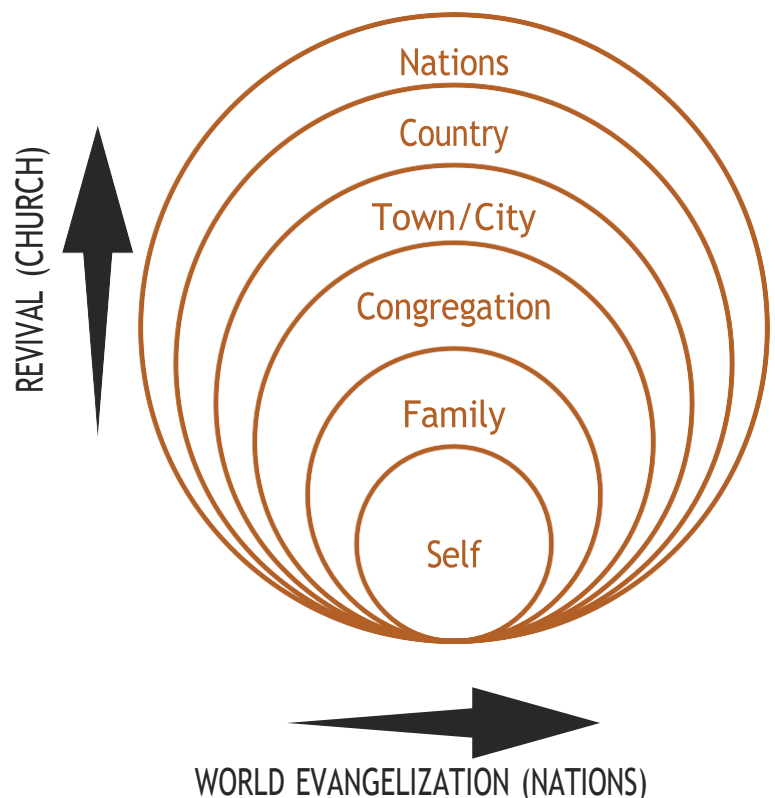
3. Confession of sin and humiliation is an act of admitting my sinfulness to God and of cleansing me as the Temple of God, allowing me entrance into His Presence.

Isaiah 59: 1-2, “Surely the arm of the LORD is not too short to save, nor his ear too dull to hear. But your iniquities have separated you from your God; your sins have hidden his Face from you so that he will not hear.”

1 John 1:9, “If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.”

- This is the time to confess my sins by Name, admit that I am wrong, turn from my sins, and accept God’s forgiveness.
- I ask God to cleanse me of any form of Pride and lack of love.
- This is a time of introspection and allowing the Holy Spirit to reveal all unconfessed sins. We receive our salvation and forgiveness solely through the blood of the Lord Jesus on the grounds of His death on the cross.
- When confessing my sins, I don’t ask God to change my circumstances, but that He will change and forgive me.

- 4. Praying Scripture** is to feed myself spiritually and to pray according to God’s agenda and revelation.
- This is Word-enriched prayer – The Word is our prayer manual.
 - It is to pray God’s promises to Him. God’s promises in the Word create faith in our hearts.
 - In the first place, the Bible is a book that needs to be believed and obeyed.
 - During this time, I ask God, “Lord, what promises can I claim for me, what commands must I obey, what warnings I must pay attention to?”
 - We must remind the Lord of His promises in the Word day and night. As we read the Word, we must ask the Lord how to apply it in our lives.



This sketch (diagram) will help you know which areas to focus on in your prayer. This sketch will especially help you in the prayer periods of waiting, intercession, listening, and thanksgiving.

5. Watching is a time of spiritual observation (perception), being on the lookout, and being spiritually aware of matters to pray for.

Colossians 4:2, “Devote yourselves to prayer, being watchful and thankful.”

- A time to be especially wary and alert for the possible onslaughts of the devil. Pray and ask the Holy Spirit to show you the plans, methods, strongholds, and strategies of the evil one.
- To be alert to any prompting of the Lord.
- To be mindful of any revelation from God.
- Ask for insight, discernment, and wisdom to know what to focus on and what your priorities should be.
- To understand the will of God and where He wants to use you today.
- To ask the Lord what is on His heart and His agenda.
- Are there things reported in the newspapers, radio, or television that we should pray for? Things like economic problems, political unrest, wars, etc., that God wants us to pray for.

6. Intercession is to pray for others, to concentrate on the needs and distress of other people, and to stand in the gap for someone else.

1 Timothy 2:1-2, “I urge, then, first of all, that requests, prayers, intercession, and thanksgiving be made for everyone—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and Holiness.”

- To pray for God’s purpose in the lives of others.
- To stand between God and other people and pray for their needs – to ask for mercy and grace.
- It is a spiritual position before God – to remain standing until you have the assurance that God heard and released you of the burden to pray for this issue.
- It is God’s method of getting His children involved in His plan for the world.
- When you intercede, you stand at God’s side and work with Him for the salvation or benefit of someone else.

7. **Petition** for your personal needs.

“Spiritual warfare” may be included in your time of prayer. Pray and ask the Lord to show you through the working of the Holy Spirit where the powers of evil are at work. On the authority that you have in Christ and in the Name of Jesus, bind the evil forces, break their strongholds, and resist them. Resist the devil; don’t give him a hold in your life. Jesus conquered the evil one on the cross. We, the believers, must proclaim this victory in all spheres of life. This aspect of spiritual warfare will also be part of the prayer periods of watching, petitioning, and personal prayer.

Matthew 6:11, “Give us today our daily bread.”

Philippians 4:6, “Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.”

1 Chronicles 4:10, “Jabez cried out to the God of Israel, “Oh, that you would bless me and enlarge my territory! Let your hand be with me and keep me from harm so that I will be free from pain.” And God granted his request.”

- To pray for my “daily bread.”
- Bring my distress, emotions, crises, needs, and desires before God.
- I come to God in total dependence and humility and ask Him to provide for all my needs. I come to God as His servant and child.
- Do not impose or be prescriptive.
- Be specific.
- As believers, we may come to the Father and pray for our personal needs, and we can pray expectantly for the smallest things.
- Watch out for selfish motives.

8. Thanksgiving is a time to acknowledge our appreciation to the Lord for His care and protection and for who He is.

- *1 Thess. 5:18, “Give thanks in all circumstances, for this is God’s will for you in Christ Jesus.”*
- *Think about the day and thank God for His care and provision for you and others.*
- *Thank the Lord for new things He has done and still does, spiritual, material, physical, and social.*
- *Thank the Lord for who He is, His gifts, answers to prayer, and all His blessings.*
- *Be specific in your thanksgiving.*

9. The song is musical praise and worship.

Psalm 100, “Shout for joy to the LORD, all the earth. Worship the LORD with gladness; come before him with joyful songs. Know that the LORD is God. It is he who made us, and we are his; we are his people, the sheep of his pasture. Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his Name. For the LORD is good and his love endures forever; his faithfulness continues through all generations.”

- *This is an act of worship and praise to God with spiritual songs.*
- *This can be a battle cry against the powers of darkness. Song and spiritual warfare (our battle against the evil one) are inextricably linked to each other.*
- *You can use existing songs, or you can sing your own new songs. You can start by taking parts of Scripture and changing them into songs.*
- *This is to express admiration, worship, and glorification of God through song.*

10. Meditation means to reflect upon or examine a matter more closely and to evaluate it spiritually.

Psalm 1:1-2, “Blessed is the man who does not walk in the counsel of the wicked ... But his delight is in the law of the LORD, and on his law he meditates day and night.

Joshua 1:8, “Do not let this Book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then, you will be prosperous and successful.”

- Think about the Being and nature of the Triune God, His creation, marvelous deeds, and character.
- Take a specific theme from Scripture and meditate on it.
- Take a portion of Scripture and meditate on it. Make God the main focus of your meditation: His works, Word, and character.

11. Listening is a period in which you receive instruction from the Lord and ask Him to reveal what He wants you to notice and pay attention to.

Eccl. 5:2, “Do not be quick with your mouth; do not be hasty in your heart to utter anything before God. God is in heaven, and you are on earth, so let your words be few.”

- It is to listen to the inner voice of the Holy Spirit.
- During this period, you ask, “Lord, what do You expect me to do? What is Your will for me for today?”
- To receive and ask for guidance from the Word of God.
- To deliberately ask God to reveal His will, strategies, or plans to you.
- In waiting on the Lord, the emphasis is on loving God. During meditation, we want to learn more from God. During the listening period, we want to hear what God wants to say to us.
- You can ask the Lord specific questions, perhaps some difficult ones you cannot answer. Be sensitive to the Holy Spirit.
- Be careful not to say immediately: “The Lord said this and that to me.”

12. Worship is to exalt and glorify God. Tell Him you know who He is and to whom you are praying, and trust Him with your supplications.

Matthew 6:13: “...For yours is the kingdom and the power and the glory forever. Amen.” (NKJV)

- Let your Amen be strong at the end and confirm thus that you believe that God has heard you and will answer you. Amen means: it is true and sure, so shall it be.
- This is the final spiritual act of putting God on the throne of your life.
- This is where you declare: Yours is the Kingdom, power, and Glory forever. Amen.

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THANK YOU

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